

Sparsh Hospice

(An Initiative of Rotary Club of Banjara Hills Charitable Trust)

QUARTERLY REPORT

APRIL-JUNE 2025

Sparsh  Hospice

PALLIATIVE CARE IS EVERYONE'S RESPONSIBILITY

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CEO & MD, Standard Mfg Ltd
Trustee

TRUSTEE'S DESK



Dear Friends,

Each quarter of the year, we look back at our journey and feel overwhelmed not just for the extra mile we travelled but for the immense support we have had from everyone be it donors, volunteer, families, stakeholders, staff, well-wishers who allowed us to take all the risks and we took the risks because we were so sure of the support we have from you to step forward.

We've had the privilege of serving 695 more patients, offering free, high-quality palliative care to those facing terminal illness such as cancer. Sparsh Hospice is not just a place of care—it's a centre of learning and growth.

As we look ahead to Q2, our vision is clear:

To continue making impact and make our services accessible to more people, ensuring that every patient receives compassionate care. At the same time we will also focus on academia and research.

Thank you all for being a part of the Sparsh family and ensuring the financial health and sustainability, hence enabling it to provide compassionate care for those in need.

With heartfelt appreciation,

M. Suresh Reddy

Founder Trustee – Sparsh Hospice Centre for Palliative Care

Sparsh



OPERATIONS'S HEAD DESK



Radhika Kancherla
Operations Head

Dear Friends,

We have started FY 25-26 with a great zeal, it's heartening to witness the continued growth and impact of Sparsh Hospice. What began 14 years ago as a humble initiative has now evolved into a movement—one that has touched over **13,700 lives and supported nearly 50,000 family members.**

This quarter, our commitment to holistic palliative care was reaffirmed through the stories we helped shape, the milestones we achieved, and the compassion we extended.

We served 695 new beneficiaries this quarter, through our 82-bedded hospice facility, 6 mobile homecare units, and 3 outpatient clinics across Telangana. Our services remain entirely free of cost, thanks to the unwavering support of our donors, volunteers, and partners.

As we step into our 15th year, our vision is clear: to create more memories, add dignity and move forward with new initiatives to normalise end-of-life care conversations.

MEDICAL DIRECTOR'S DESK



Dr Vivekanandam
Medical Director

Dear Readers,

As the Medical Director, I have the privilege of seeing the remarkable work done on the ground to extend comfort care. The past quarter was a crucial one. Palliative care is not just a medical discipline; it is an embodiment of care, kindness, and understanding. Our team exemplifies these values, going above and beyond to ensure that our patients experience the highest quality of life possible.

As we move forward, I encourage medical fraternity to come forward and **participate in IAPCON 2026** which we are conducting in collaboration with BIACH&RI. Registration will end on August 15, 2025.

Sparsh's Medical Board plays a crucial role in ensuring care quality, defining care-related strategies, and upholding ethical standards and values. Our esteemed medical board includes Dr. P. Gopal (Chairperson), Dr. Rohini Reganti, Dr. M. Subrahmanyam, Dr. Phani Sree S, and Dr. Anita Patibandla. With the utmost respect and gratitude!

STATISTICS

Total Beneficiary (April to June 2025)

695

NEW IP ADMISSIONS:

319

NEW HOME VISITS:

269

NEW OP Consultations:

107



47% OF MALE



53% OF WOMEN

13,756 Beneficiaries till June 2025

Other metrics:

● Hours of training	1,001+	▲
● Individuals sensitised	445+	▲
● Medical Equipment	65	▲
● Dry Ration Distributed	925 kg	▲
● Indirect Beneficiaries	2,780+	▲
● Follow up calls	1,966	▲

QUARTER HIGHLIGHTS



"Changemaker Award" at the 8th Giving Economy Chapter by Crowdera Foundation, Hyderabad



Inaugurated ultrasound & sound system supported by Maanaveeya Development & Finance Pvt Ltd.



"Impact Excellence Award" by Collaborative Philanthropy Foundation.



Vertafore supports home care services with the electronic vehicle donation.



Actress Sreeleela inaugurated the "Guardian of Sparsh" fundraiser and pledged her support by becoming a Guardian herself.



2 Padma awardees at Sparsh in the same room. Padma Bhushan K. I. Varaprasad Reddy & Padma Shri Dr. Dattatreya Nori at Sparsh.

Glimpses from NMDC HYDERABAD Marathon Programs



Sparsh is participating in the NMDC Hyderabad Marathon powered by IFDC First Bank to spread awareness on palliative care. The marathon is one of the biggest and reputed in India.



INTRODUCTION

Sparsh Hospice is a center for palliative care where **free of cost** symptom care and pain management services are delivered to the terminally ill through a state-of art in-patient & outpatient facility. Additionally, our **homecare supports** extended to the needy beneficiaries at their doorsteps through **6** fully equipped and staffed homecare vans. We also have **3 OP clinics** on fortnightly basis in the other district of Telangana. Guided by **Rotary Club of Banjara Hills Charitable Trust**, we prioritize dignity and comfort for those in need, ensuring compassionate end-of-life care, and our services transparency and compliance with regulations, including **80G, 12A, CSR 1, & audited financials**.

The trust is registered under Registration **Act 1908**, guided by **Indian Trust Act 1882** having Registration no **139/2011**. We are also registered under **FCRA Act** under the social category.



Goals

To encourage, facilitate and spread awareness about palliative care through educating, training, extending services & research.



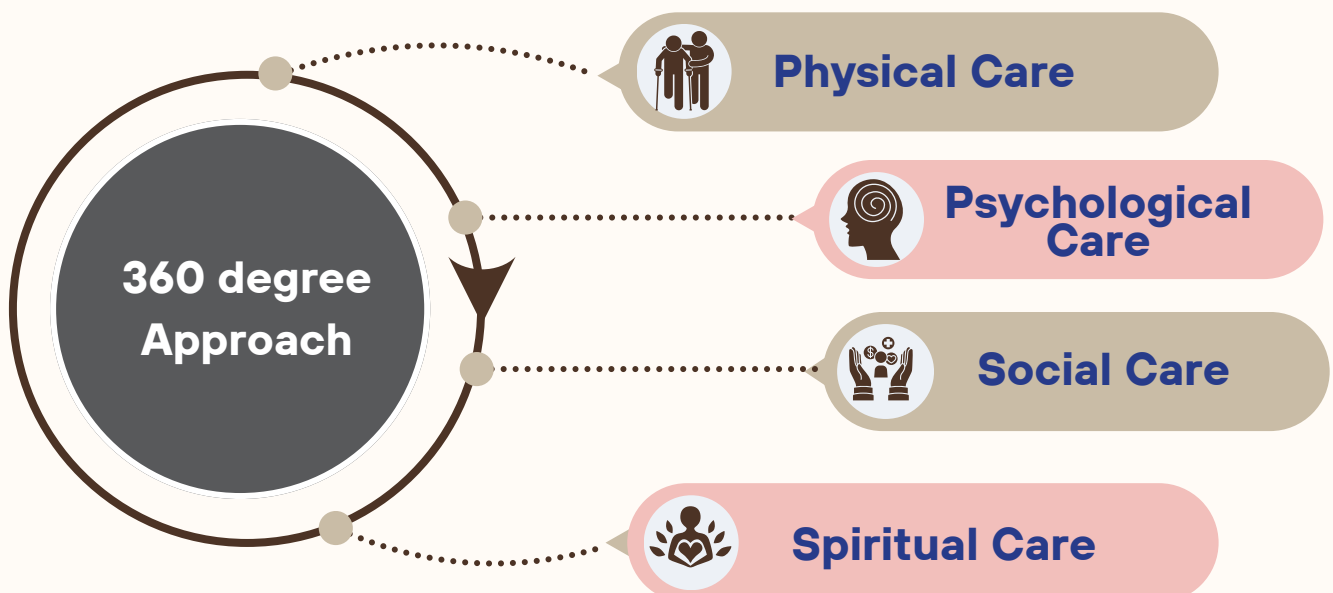
Vision

To provide exceptional palliative care services, free of cost, to terminally ill patients hailing from all sections of the society

Mission

To render differential palliative care service to add value and provide comfort in the end-of-life days of terminally ill patients

OUR SERVICES

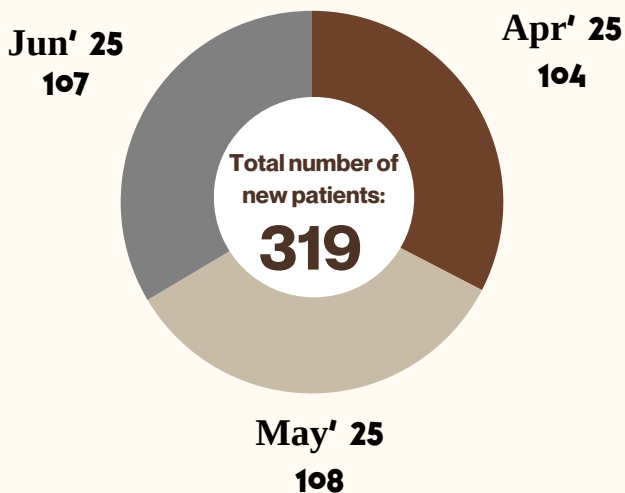


HOSPICE CARE

Sparsh Hospice is **82-bedded** state-of-the-art facility with all amenities to meet the ends of beneficiaries and their caregivers. At a hospice we provide free stay, food, medicines, attender stay, and other amenities **free of cost** for the in-patient beneficiaries. We also celebrate festivals, beneficiaries & their family members birthdays and any other special occasion at facility. Our center features dedicated wards for pediatric patients, females, and males. We provide comprehensive medical, psychological, social, and spiritual care under one roof, entirely free of charge.



Admission:



Occupancy:

April' 2025	46.2 %
May' 2025	50.8 %
June' 2025	49.1%

Gender:



STORY 1: CARE WITH EMPOWERMENT

Keerthy, a lively teen with a passion for dance and books, saw her world turn upside down when she was diagnosed with **osteosarcoma - a rare and aggressive bone cancer**. She was referred to **Sparsh**, seeking comfort and peace in her most difficult moments.

“I want to study... but I don't think I can,” whispered 17-year-old Keerthy during a counseling session at Sparsh.

In her early days at Sparsh, Keerthy met our counselor. What stayed with us was her quiet reflection. In a day she felt relieved by her pain and she started feeling comfortable again. And once the rapport was built she expressed her wish to study further.

“I just finished my 10th standard... I really want to study more. But my health... I don't think it's possible.” It wasn't just a wish, it was her dream. Her body was weak, but her spirit was strong. We had to act. After working through the formalities, Keerthy was admitted to a nearby Government school for her first semester of intermediate studies.



Watch Keerthy's story
in her own words.
Scan Below:



On admission day, Keerthy visited the school for her study materials. With a warm handshake from the principal and support from the Sparsh nurse and counselor, she stood not just as a patient - but as a student and a dreamer.

It's not just about easing pain it's about honoring wishes, restoring dignity, & standing beside our patients in their most vulnerable moments..

HOME CARE

Home is a place of comfort, connection, and peace, especially during **life's final journey**. Most people wish to spend their last days surrounded by loved ones in the familiarity of home. With this belief, Sparsh launched its **home-care services in 2016**. Today, through a dedicated fleet of **6 vans**, we reach over **80** new patients every month, offering compassionate care where it's needed most. This vital service is made possible with the generous support of the **SBI Foundation**.

2,281 Total home visit completed

April' 2025	755
May' 2025	796
June' 2025	730



269 New home visits completed

April' 2025	98
May' 2025	83
June' 2025	88



Gender:



Supported by:



STORY 2: A FRAME OF LOVE

*Nagamani Amma, an 82-year-old retired Telugu professor, carries a quiet strength in her eyes. Born at a time when educating a girl child was rare, her life began with an act of courage her father, a visionary in his own right, sent her to school when society said no. "My father believed in me when the world didn't." she said once with a smile.

After completing her education and gaining financial independence, she married a man who supported her dreams unconditionally. "He never stopped me from teaching. In fact, he used to boast about me being a teacher that too in literature." Together, they built a life and raised three children, two sons and a daughter, all of whom are now settled in Hyderabad. One of her sons is even retired. Yet, the house that once echoed with laughter now sits in silence.

10 years ago, *Nagamani Amma was diagnosed with breast cancer. Time & treatment have worn her physically, but it is the emotional emptiness that weighs her down more.

“You're like rain in the desert. I don't need any medicine, just come and talk to me sometimes.”



“Visits aren't just for pain relief she seeks connection, conversation, and comfort.”

The Frame That Healed Her Heart

Once, she pulled out old photographs, each one wrapped carefully in paper. There was a picture from her graduation day, another with her husband in the early days of their marriage, and family photos she held close to. Seeing the emotional attachment to the photo, our social counsellor had a simple yet powerful thought to get the photos collage done get it framed as a gift to her. And then what, on the next visit, the team returned with the photo beautifully framed. When they handed it to her, Nagamani Amma's eyes welled up with tears.

It was a small gesture, but it brought immense comfort and a sense of connection during her palliative journey.

OUT-PATIENT CLINICS

Out-patient (OP) consultations can often be a neglected area in palliative care. We are committed to providing high-quality care to service-users who choose to come in periodically for pain management, wound dressings, counselling, and to share a sense of community at the hospice. Having the extra layer of support can make a big difference to the quality of life. Expert pain management and telephonic medical advice can help avoid those unwanted trips to hospitals.

Currently we extend the services with **3 OP Clinics:**

- Sparsh Hospice, Hyderabad
- CAIMS, Karimnagar
- INDUR, Nizamabad

TOTAL NEW REGISTERED PATIENTS: 107

NEW REGISTERED PATIENTS	April' 2025	May' 2025	Jun' 2025
Hyderabad	30	39	23
Karimnagar - CAIMS	05	00	07
Nizamabad - INDUR	02	01	00

TOTAL CONSULTATIONS: 375

TOTAL CONSULTATIONS	April' 2025	May' 2025	Jun' 2025
Hyderabad	90	119	109
Karimnagar - CAIMS	16	08	18
Nizamabad - INDUR	8	07	00



ACADEMIA & ADVOCACY

Overview

Building Capacity in Palliative Care:

- Offers no cost hands-on training program for General Duty Assistants.
- Internship Programs and academic engagement programs for school children, college students and others.

Some of the events are below:

- We were honored to welcome **264** students from Ramakrishna Mutt, Indus International School & Aparna Sarovar as part of their summer field visit. These students participated in an immersive experience focused on compassionate care, gaining valuable insights into the principles & practices of palliative care.
- A total of **53** students from various institutions, including the University of Hyderabad, FLAME University, GITAM University, Malla Reddy College, Woxsen University, OP Jindal Global University, SRM Institute of Science and Technology, LPU & St. Ann's College, joined us for internships and fieldwork.
- We hosted **153** nursing students from Government Nursing College, Hyderabad & Kamineni Nursing College as part of their field training.
- CAS Program (Creativity, Activity, Service): Encourages youth to participate in community service and creative outreach, fostering empathy and compassion.

478 - Individuals trained on palliative care

1,113 - Hours of training programs conducted



445

Individuals were sensitized through various awareness activities

Activities during the quarter are as follows:

- Sparsh promoted its palliative care services by participating in the NMDC Hyderabad Marathon promotional run at Tharamati Baradari and the Sunday Long Run at Rabbit's Park, Lal Bazar, Thirumalagiri, Secunderabad.
- We conducted an awareness session on the importance of palliative care services under the Ayushman Bharat Scheme at LB Nagar and organized a community camp at Charminar on 'World Against Child Labor Day' to highlight child rights and the need to prevent child labor.
- Our team participated in a panel discussion at LV Prasad Eye Institute on the psychological effects of brain stroke and conducted community awareness sessions to educate the public about its comprehensive palliative care services.
- Sparsh trustees actively spread awareness about palliative care at the Hyderabad East Club and participated in a panel discussion at Lodge Key No. 297.



GALLERY



Music Therapy



Monday Yoga



Photo Exhibition



Ram Navami



A wish-come-true moment

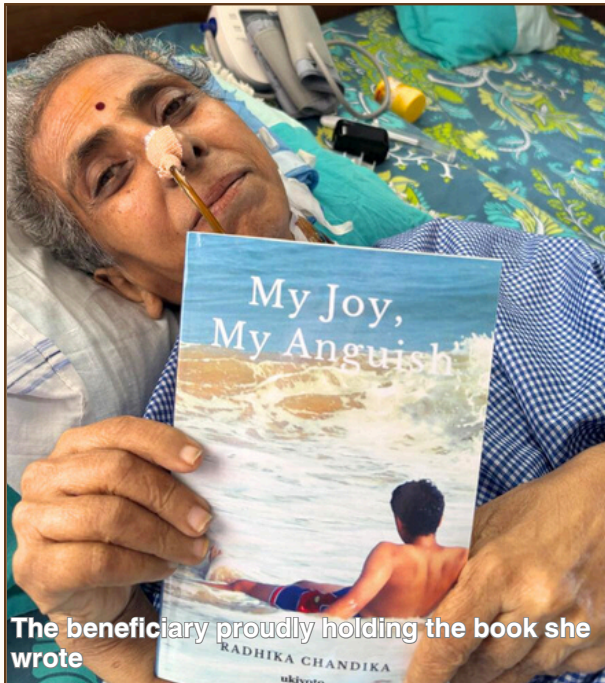


Birthday Celebration



Caregivers, volunteers, and staff are joyfully engaging in the painting activity together.

Glimpses from Homecare



The beneficiary proudly holding the book she wrote



Homecare nurse offering her favourite ice cream



Carrying care to the doorsteps of those in need.



Spreading awareness through homecare



Doctor checking beneficiary's vitals



Our homecare vehicle, supported by SBI Foundation, is ready to serve in every corner of the city.

TESTIMONIAL



Dear Dr. Kamalakar garu and the Sparsh Palliative Care Team,

On behalf of our entire family, we extend our deepest gratitude for the compassionate and dignified care you provided to our father during his final days.

Your constant support, gentle presence, and timely guidance helped us navigate this incredibly emotional time with strength and peace. Dr. Kamalakar garu, your calm reassurance and humane approach made all the difference. You helped our father transition with grace, comfort, and without suffering – and for that, we will always remain thankful.

Thank you for being with us when it mattered most 🙏.

With heartfelt appreciation, Athota Family

10:10 AM



“I have done my bit by becoming **GUARDIAN OF SPARSH.** I encourage you all to do your bit.”

You too become a **Guardian** by donating Rs 500 or multiples on monthly basis.

Sparsh  Hospice



Scan for more info

Sparsh  Hospice

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