



TOUCHING LIFE.. PEACEFUL JOURNEY...






Sparsh  Hospice

CENTRE FOR PALLIATIVE CARE

AN INITIATIVE OF THE **ROTARY CLUB OF BANJARA HILLS** CHARITABLE TRUST

Sy No. 7/1/2, Next to Oakridge International School
Khajaguda, Hyderabad-500008, Telangana, India
+91 40 2338 4039 / 94904 48222, hospicesparsh@gmail.com

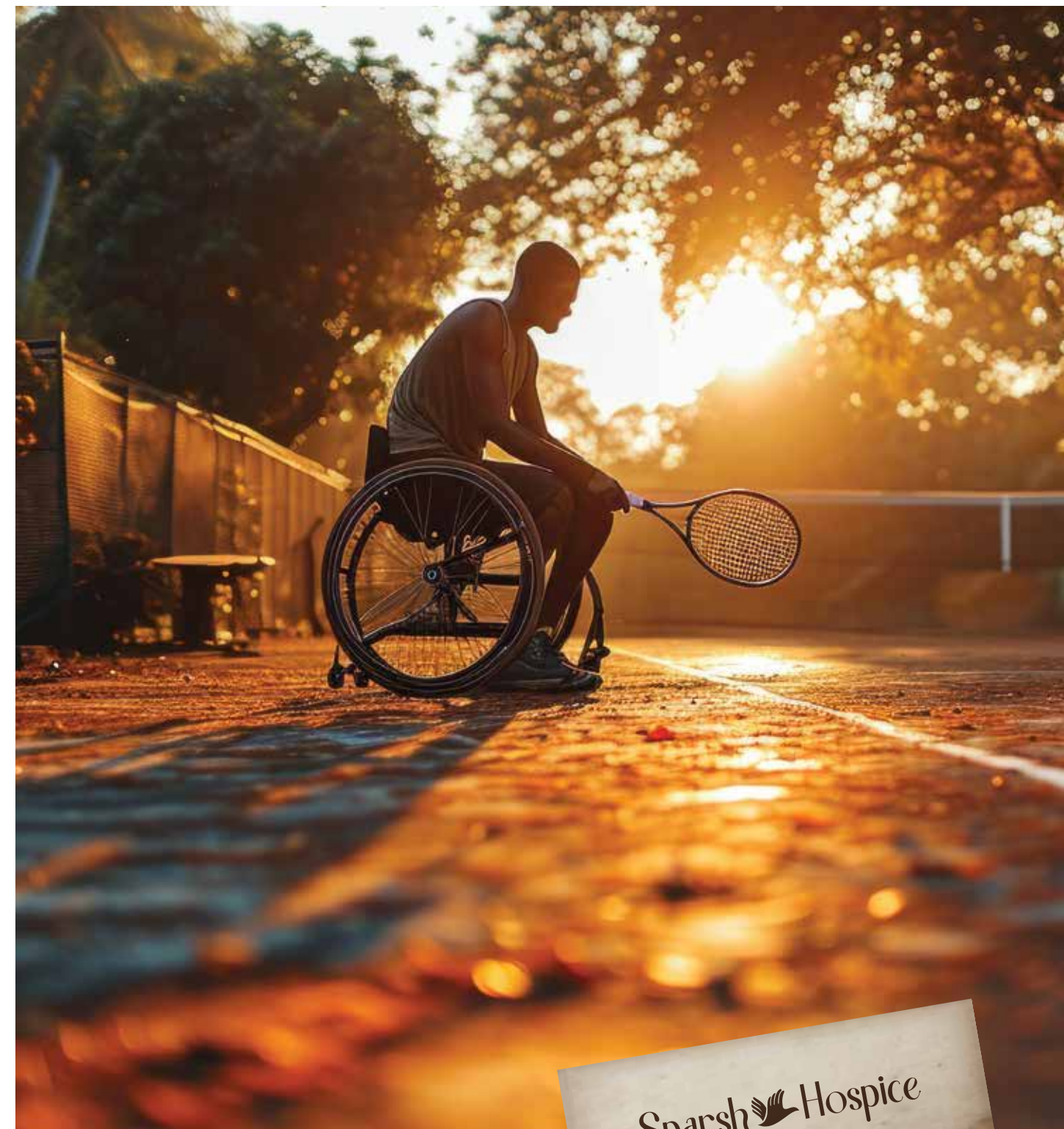
www.sparshhospice.org

Follow on us   

Concept & Design :  **BBA** 9705977721
Photography : **ARVIND CHENJI** 9963335551



SUNSETS ARE PROOF
THAT **ENDINGS ARE BEAUTIFUL**



Sparsh  Hospice

CENTRE FOR PALLIATIVE CARE

Each

year in India about 14 lakh new cases of cancer are diagnosed, of which over **8 lakh are in an advanced stage and beyond treatment.** These patients endure severe pain and discomfort, yet only 0.5% of them will receive 'Palliative Care'. In **Telangana alone the annual cancer load is 50,000 with approximately 32,000 cases at an advanced stage** at diagnosis, thus too late for curative treatment.

In Hyderabad, over 20,000 cancer cases are reported each year and about 14,000 beyond the reach of curative treatment. These patients urgently require comprehensive palliative care, including pain and symptom relief, psychological support and spiritual guidance.



"The best and most beautiful things in the world cannot be seen or even touched – they must be felt with the heart."



A FREE HOME FOR
THE TERMINALLY ILL

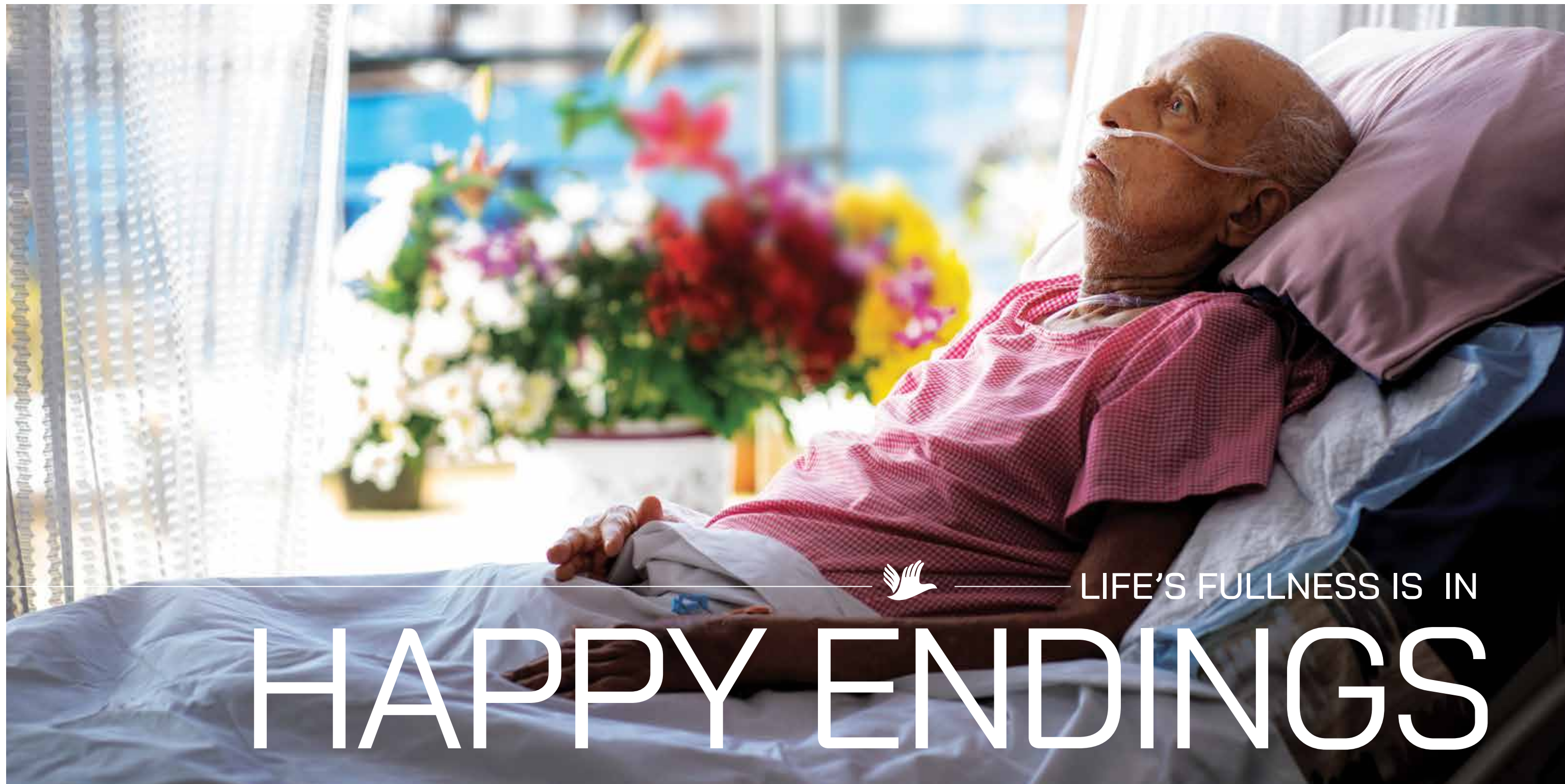


Beginnings of Sparsh Hospice

In September 2011, the **Rotary Club of Banjara Hills** initiated the establishment of Sparsh Hospice, the first-ever palliative care facility in the combined states of Andhra Pradesh and Telangana, located in Hyderabad. It was founded by a group of like-minded individuals

and renowned doctors who recognized the urgent need for a palliative care center in this region, where support for terminally ill patients was severely lacking. **Sparsh Hospice is managed by a non-profit trust and operates through donations from philanthropists.** Sparsh Hospice is a free home for the

terminally ill hailing from all sections of the society and our Goal is to encourage, facilitate and spread awareness about palliative care through educating, training, extending services and research.



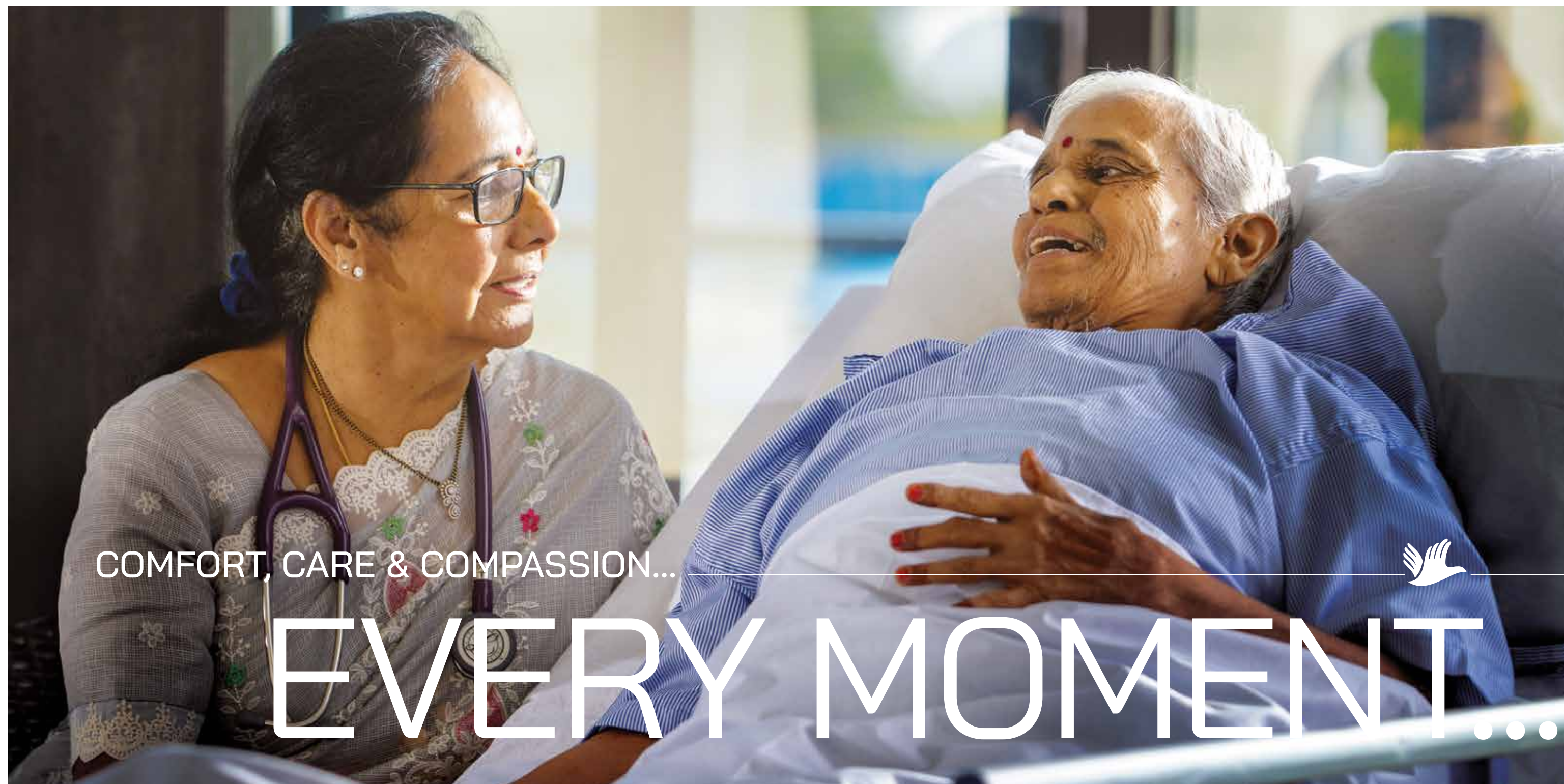
Sparsh Hospice is dedicated to providing comprehensive palliative and hospice care for patients with life-limiting illnesses. Our mission is to render holistic palliative care service to add value and provide comfort in the end-of-life days of terminally ill patients. It is to enhance the quality of life for patients and support their families through

compassionate and holistic care. Our Palliative care focuses on managing pain and alleviating symptoms to enhance physical comfort and improve mental well-being. **At Sparsh, we address symptoms rather than the underlying disease.** These palliative measures are used when curative treatments are no

longer pursued. **Our multi-professional approach includes physical, emotional, psychological, and spiritual care,** involving doctors, nurses, physiotherapists, social workers, counselors, and spiritual guides.

At Sparsh, our team is committed to our patients in offering them the **space of love,**

comfort and care for a peaceful transition. Our compassionate multi-disciplinary team works mindfully to make **our patients feel respected and treated with utmost care creating a positive happy environment forging a human connection beyond the material nature of life.**



COMFORT, CARE & COMPASSION...

EVERY MOMENT...

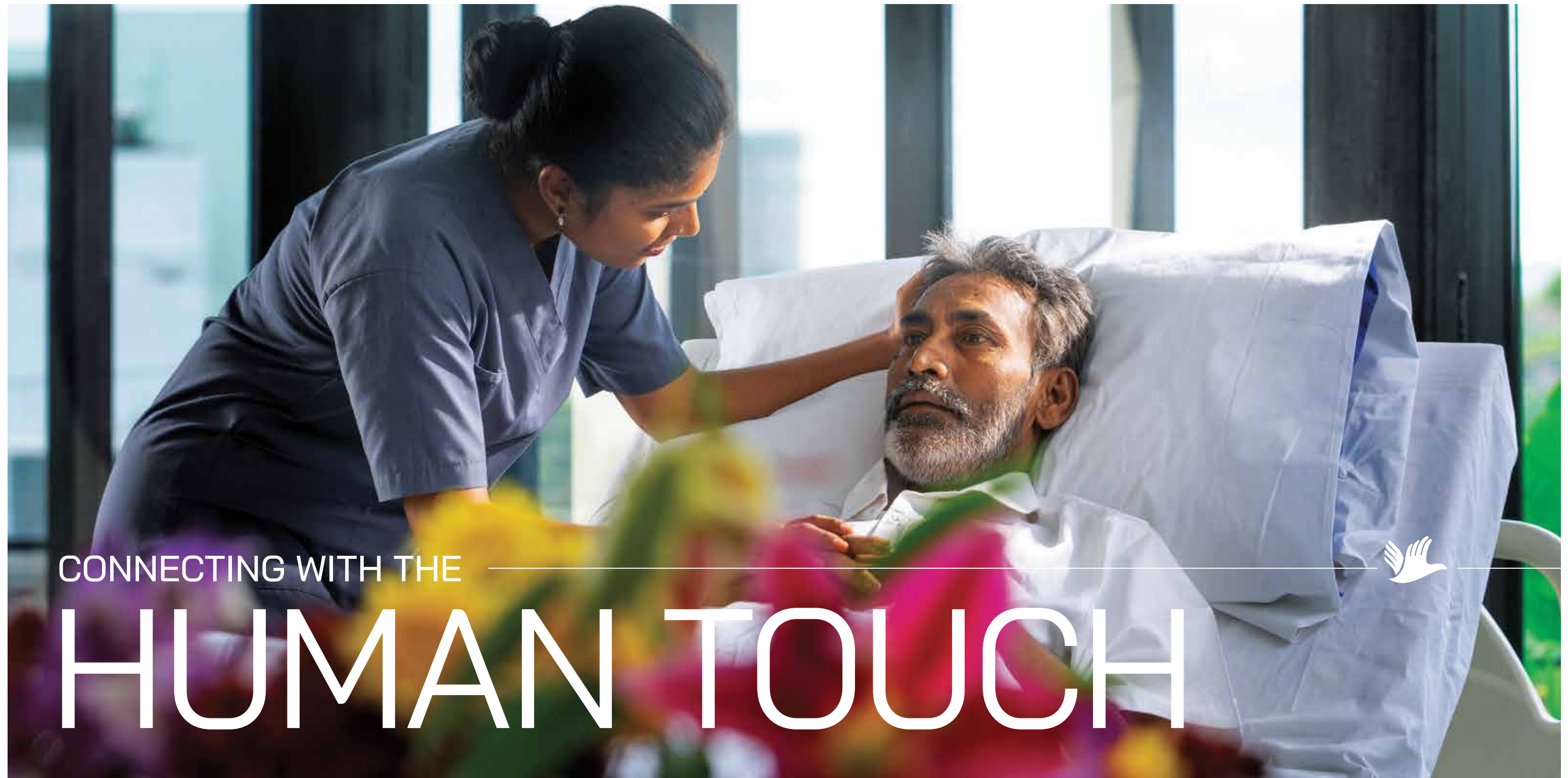


At Sparsh Hospice, our palliative care services encompass all healthcare settings, including in-patient care, home care, and outpatient consultations. **Our skilled multidisciplinary team of doctors, nurses, social workers, and allied health professionals work together to provide comprehensive pain and symptom management.**

Our Hospice Facility offers in-patient care for those with complex symptoms that cannot be managed at home. It features dedicated beds for children, single rooms, an amphitheater, dining hall, library, physiotherapy room, auditorium, **and a landscaped garden for patient and caregiver comfort.**

Our Home Care service, operated through a fleet of six vans, provides essential care to terminally ill individuals at their homes. We focus on **pain and symptom control, nursing care,** and addressing psychological and spiritual needs, **while also providing bereavement support to help families cope with loss.**

Our Outpatient Consultation Services are available in Hyderabad, Nizamabad, and Karimnagar, where our team offers pain management and nursing care. We continuously follow up with all patients to monitor their progress and ensure their well-being.



CONNECTING WITH THE

HUMAN TOUCH



The Sparsh Team establishes profound human connections with our patients through compassionate companionship and care during their final days.

Pain Relief and Palliation: Easing severe pain to enhance comfort, using potent medicines like Morphine etc.

Symptom Management: Addressing issues like vomiting, breathlessness, and constipation.

Nursing Care: Offering wound care, bleeding and ulcer care, tube feeding, and other essential nursing services.

Companionship: Keeping patients’

company—through conversation, watching movies, reading, or simply being present.

Even when patients cannot speak or smile, they still need companionship. They may no longer recognize you, but can still find comfort in your touch or the sound of your voice.

Emotional Support:

Allowing patients to express fears and concerns about dying and leaving loved ones behind.

Listening and Reminiscing: Being prepared to listen and share memories, providing emotional relief and connection.



CONSTANTLY
UPGRADING AND
CONTINUOUSLY
LEARNING

At Sparsh, we believe that life is a continuum, and we are committed to evolving with the needs of our patients while staying true to our vision and mission. To achieve this, we focus on continuous training, education, and outreach activities.

Training & Education

We enhance capabilities and strengthen human resources in palliative care through initiatives like the General Duty Assistant training, in collaboration with skill development institutes. This program not only expands our resources but also creates livelihood opportunities for disadvantaged women and men. We also offer educational opportunities for students and volunteers through our comprehensive Certificate Course in Palliative Care for Volunteers (CCPCV), developed in partnership with the Indian Association of Palliative Care (IAPC). We shall soon start training programmes for doctors wishing to work in palliative care field.


Outreach Activities

Our outreach team regularly conducts awareness programs in various localities, including colonies, companies, public bodies, offices, and gated communities, to increase knowledge and awareness of palliative care, and cancer prevention.

Get Involved

Join our volunteer team and make a difference. For more information, please contact us at info@sparshhospice.org. Your support enables us to continue this vital work, ensuring that we can provide compassionate care and support to those in need.





Sparsh Hospice has cared for more than 10,000 patients in our journey of just over a decade. Our beneficiaries are from different parts of Telangana, Andhra Pradesh, Karnataka, Maharashtra and other adjacent states. 80% of our beneficiaries are from lower socioeconomic strata of the society.



OUR JOURNEY AND CONTINUING

In-Patients Admissions – 4800

Total Home Visits – 22000

Home Care Beneficiaries – 4500

Out Patient Beneficiaries – 1500



COMMITTED & DRIVEN BY —  —
PASSION

Supporting the families of terminally ill patients is a crucial aspect of our care at Sparsh.

Families often face complex end-of-life decisions and intense feelings of bereavement. We provide them with comprehensive support, including information and counselling on medical, psychological, and spiritual issues.

Additionally, we offer monetary aid and job support to families who have lost their main breadwinner to cancer, ensuring the future security of the surviving family members.

We have tied up with multiple agencies to provide skill development & employment to the surviving adult in the family.

"Sparsh doesn't feel like a medical institution. I feel I have got a joint family at Sparsh. I never had this feeling in any other hospital. The entire staff respects me and my family. There's no better place than this."

- **Mrs. Seshamma**

Attapur, Hyderabad, Telangana

FAMILIES' GRATITUDE...
STRENGTHEN OUR RESOLVE





"After my mother was diagnosed with Parkinson's Disease in 2021, I tried my best to take care of her for last 3 years but eventually she became a bedridden patient. At this position I went into depression and developed suicidal tendencies, then I came to know about sparsh hospice and contacted them and told them about my situation. The care team understood my situation very much. They consoled me very lovingly and gave me courage and told me that they will take care of my mother, giving me time to restart my life. Because of this organization's assurance, I came out of depression and got back to my regular life. When we have problems and difficulties in life, we go to temple, church or masjid and pray to God to relieve us from problems. This Sparsh Hospice is like a temple for me because I got relief from the problem I was facing in my life through this organization, I am very grateful that such a wonderful service is provided here for free. The staff here are very loving and kind to all patients and their families. I express my sincere gratitude to those who founded this organization and all the members who are carrying forward the goals of the organization."

-Mr. Rama Krishna
Son of the patient *Krishna Kumari*
Miyapur, Hyderabad, Telangana



"An example that heaven and hell truly exist: A patient undergoes physical torment that feels like hell, yet finds mental and emotional peace, akin to heaven, at Sparsh Hospice."

I am glad that my wife got to see heaven even before death."

- Mr. Appa Rao
Husband of the patient *Vijaya Lakshmi*
Chagalu, East Godavari, Andhra Pradesh



I am so thankful for the Sparsh care; Wonderful staff took care of my father and made his stay very comfortable. We are blessed to have a service like this. Thanks to everyone who helped us in this situation. Wonderful Service!

-Mr Hari
Son of the patient *Mr.Parameshwara rao*
Mandhapadu, Guntur, Andhrapradesh



"Sparsh is a wonderful place for patients who are in their last days. The people are kind hearted, take good care and cater to every need. We are grateful to the entire team for the love, affection and care."

-Ms. Audrey
Daughter of the patient *Phyllips Paul*
Adarsh Nagar, Himayathnagar, Hyderabad.



"I have not found a more positive, supportive, and hygienic place for my husband than SPARSH Hospice. The smiles on every face make us forget all our worries."

-Mrs. Shaik Bibi
Wife of the patient *Shaik Janimiya*
Dharmapuram, Nalgonda, Telangana



"As a caregiver for my husband, I am deeply grateful to Sparsh Hospice and their team for their unwavering support. My days start at 3 AM and end at midnight, filled with tasks like cleaning, gardening, and tending to my husband's needs. The support from Sparsh Hospice has been invaluable in helping me manage these challenges."

-Mrs.Saritha
Wife of the patient *Sampath*
Gangaram, Karimnagar, Telangana

"My mother is safe and secure here at Sparsh hospice. I am not worried and have all the confidence on the staff that they would take good care of my mother. This is my mother's happy place."

- Mr. Shiva Sai
Son of the patient *Anuradha*
Aithole, Mahabubnagar, Telangana





EMBRACING LIFE, COMPASSIONATELY

“When I am at Sparsh, I feel like I am at home. All the Doctors, Counsellors and nurses are like family members. They treat very well. All the care is very nice. All my distressing symptoms are relieved here. I came to Sparsh in a very bad shape and after seeking the care here, I am happy to go home again without pain.”

- **Ms. Ruheena**
Balapur, Hyderabad
Telangana

LOVING SUPPORT, PEACEFUL LIVING



"We are lucky to have known about Sparsh hospice for my child. Everyone is so caring here. My son loves to be at Sparsh and the home care team also visits us whenever we need their support at our residence."

- **Mrs. Hajera Begum**
Mother of the patient **Arfath**
Charminar, Hyderabad, Telangana



"I am incredibly thankful to the entire Sparsh Hospice team. We have visited many hospitals for his treatment, but we have never received service like this before. In the past, we had to pay for everything. Here, we are not spending a single rupee, yet we are receiving everything we need. The nurses, doctors, counselors, and other team members are incredibly kind and polite to both patients and caregivers. Whatever the patient asks for is arranged immediately. Thanks to Sparsh Hospice."

-Nusrat Jahan

Wife of the patient **Mr.Abdul Hakeem**
Madhinaguda, Hyderabad



"I believe Sparsh Hospice is like a temple for patients suffering with last stage Cancer. After hearing from all the oncologists that the situation is out of their control, it just left my mother and us in distress. That is when Sparsh welcomed us with open hands. Here, they not only provide physical comfort but also provide psychological relief for my mother. Thanks to everyone who's part of this noble cause."

- Mr. Venkata Durga

Son of the patient **Kudipudi Lakshmi**
Neredumilli, Andhra Pradesh

"Sparsh Hospice's services are unparalleled compared to those of corporate hospitals. The love and care from the entire team provide immense happiness to the patients and offer their relatives the reassurance that their loved one is in safe hands. Their counseling also brings significant courage to family members facing uncertain situations."

-Mr. Ravinder

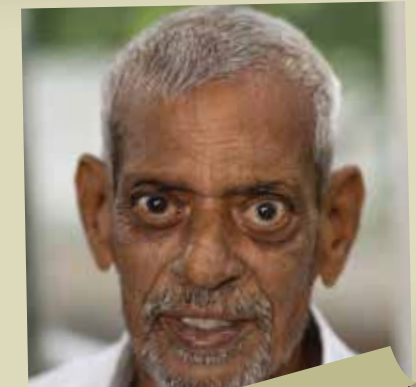
Husband of the patient **Kavitha**
Hanmakonda, Warangal, Telangana



"As a wife, I have to handle everything at home, from taking care of the household to cooking separately for my children and husband. On top of that, I work as a cook, which leaves me exhausted. But since coming here, I feel a tremendous sense of relief. I can finally sit back, spend quality time with my husband, and enjoy good food without the need to cook. Everything we ask for is provided, and it has made me very happy."

-Mrs.Usha

Wife of the patient **Mr.Dhanraj**
Kachiguda, Himayathnagar, Hyderabad



"The expertise of the entire team at SPARSH Hospice offers significant holistic relief to both patients and caregivers. All the facilities are excellent, and the nutritious, tasty meals make patients feel at home. This noble cause and the dedicated staff are truly a blessing."

-Mr. Thimmappa

Son of the patient **Shankaramma**
Konkala, Mahabubnagar, Telangana



Sparsh was a godsend to us. During our toughest times, the people at Sparsh welcomed us with open arms. Throughout our stay, everything was meticulously taken care of, both for the patient and the attendant. The staff members are incredibly empathetic, well-trained, and genuinely caring towards the patients. They understand the challenges we face and go out of their way to alleviate them. They ensure both the patient and the attendant feel comfortable. Even after discharge, they continue to offer support in every way possible. We are immensely grateful to Sparsh Hospice for the love and care they have provided."

-JM Baneerjee

Husband of the patient **Sudipa Baneerje**
Amberpet, Hyderabad

Sparsh Hospice

— Our Journey —

Rotary
BANGALORE HILLS

SparsH Hospice was the first to find its unique space in the city's healthcare landscape. It was the first to be established in a dedicated building, the first to be established in a dedicated building, the first to be established in a dedicated building.



The first hospice was established in 2008, and it was the first to be established in a dedicated building, the first to be established in a dedicated building, the first to be established in a dedicated building.



SparsH Hospice is a unique space in the city's healthcare landscape. It was the first to be established in a dedicated building, the first to be established in a dedicated building, the first to be established in a dedicated building.

SparsH Hospice is a unique space in the city's healthcare landscape. It was the first to be established in a dedicated building, the first to be established in a dedicated building, the first to be established in a dedicated building.



SparsH Hospice is a unique space in the city's healthcare landscape. It was the first to be established in a dedicated building, the first to be established in a dedicated building, the first to be established in a dedicated building.

SparsH Hospice is a unique space in the city's healthcare landscape. It was the first to be established in a dedicated building, the first to be established in a dedicated building, the first to be established in a dedicated building.



DEDICATED TO COMFORT, COMMITTED TO CARE



CONNECTING ONE MORE DOT WHEN IT MATTERS MOST

Departures are inevitable, but they can be peaceful. Your contribution can profoundly impact the lives of patients and their families, fostering a more secure, peaceful, and humanistic society.

Support Patient Care at Sparsh Hospice by donating to the following needs

Monetary Donations

Your financial support ensures we can meet immediate and ongoing needs for patient care.

Daily Essentials

Provide funds for nutritious food for patients and staff, or provide rations (Rice, Pulses, Oil, etc).

Patient Comfort

Donate linens such as hospital clothes, bed sheets, and towels for patient comfort.

Medical Supplies

Contribute towards essential drugs, beds, furniture, wheelchairs, oxygen cylinders, and suction machines.

Facility Upgrades

Help us acquire laundry machines, TVs, and indoor games to enhance the environment for patients.

Cremation Services

Contribute to costs associated with the cremation process such as facility fees, staff services, transportation, funeral service arrangements, cultural and religious rites supplies and service fees.

Your donation directly impacts the quality of care and comfort we provide to patients and their families. Every contribution makes a significant difference in creating a supportive and nurturing environment at Sparsh Hospice.

All donations to Sparsh are eligible for tax deduction under section 80 (g) of the IT Act.

Become a “Guardian of Sparsh”

We are pleased to introduce a unique direct debit program that allows you to send your blessings and protection every month. Guardians are those who are constantly by our side.

Every penny, every day, counts.

Any monthly contribution starting from as little as Rs. 500 (or multiples of 500) will ensure sustained revenue and uninterrupted care for our patients in the long term. To make it convenient for you, we have enclosed direct debit forms.

Please help us build an army of Guardians of Sparsh.

Five Steps to Becoming a GUARDIAN OF SPARSH

Fill out the enclosed direct debit form or download it from sparsh website

Make your pledged amount Rs. 500 or multiples of Rs. 500.

Submit the form to your bank.

For online payments use



Spread the word and encourage friends and family to join the army of Guardians of Sparsh.

For further details and clarity, please reach out to
Sy No. 7/1/2, Next to Oakridge International School, Khajaguda, Hyderabad-500008, Telangana, India
+91 40 2338 4039 / 94904 48222, hospicesparsh@gmail.com

DONOR DETAILS

NAME

ADDRESS

PHONE NO

MAIL ID

SIGNATURE

DATE