

QUARTERLY REPORT

JULY-SEPTEMBER 2023



ఆటవెలది

మానవతకు చూపె
మరియొక కోణమ్ము
స్పర్శ సంస్థ వారు స్పష్ట ముగను
చరమ దశన యున్న
సకల బాధితులకు
సేవ లొసగి ముక్తి తోవ చూపె
వారణాసి కృష్ణ మూర్తి

**The above poem was written by a
family member of a beneficiary.**

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Governing Board

From the Desk

In the heart of Hyderabad, where the City's pulse beats in rhythm with life's relentless pace, we find a sanctuary of profound humanity—Sparsh Hospice. Being a part of Sparsh has been more than just an association for me—it has been a transformative journey that has redefined my understanding of compassion, resilience, and the human spirit.

Serving on the Board of this palliative care unit, I have had the privilege of witnessing firsthand the remarkable work being done to bring solace and dignity to the lives of terminally ill cancer patients.

The centre is not merely a healthcare facility; it is a sanctuary of hope, where patients and their families find the strength to face the most challenging phase of their lives.

The dedicated team at Sparsh Hospice, including doctors, nurses, counsellors, and volunteers, works tirelessly to provide comprehensive care. It's not just about medical treatment; it's about creating an

environment where every individual's physical, emotional, and spiritual needs are met.

I have been deeply moved by the stories of resilience exhibited by both the patients and their families.

Sustainability

However, the sustainability of this noble endeavor rests in the hands of the Community. Institution relies on the generosity of individuals and organizations who understand the value of empathy and kindness, the Good Samaritans whose contributions can turn despair into hope. It is

with profound sense of purpose that I appeal to every compassionate soul in our society to contribute generously to Sparsh Hospice.

Contribution requested

Your donations can fund vital medications, support counselling sessions, and enhance the overall quality of life for these patients. Let us stand together as a community, supporting the noble mission.

Your support can create a legacy of compassion, leaving an indelible mark on the lives of those in need.

- M. Mahendar Reddy



Board of Trustees



Mr. M. Suresh Reddy
Long-term Trustee
MD, Pride Motors



Dr. M. Subrahmanyam
Long-Term Trustee
HoD - Anaesthesia,
Rainbow Hospitals



Mr. Jagadish Babu Ramadugu
Treasurer &
Long-Term Trustee
MD & CEO,
Pragati Finserv



M. Durga Prasad
President
CEO, Corpone BPO
(A Natsoft Company)



Neeraja Godavarthi
Secretary
Director-Ekasila



Dr. Pranathi Reddy
Trustee
Clinical Director -
Obstetrics &
Gynecology



Anand Gupta
Trustee
Managing Partner,
Thee Knowledge
Pro Inc



Babita Jhabakh
Trustee
Director,
Adishwar Auto
Diagnostics Pvt Ltd.

From the Desk

As a dedicated Long-Term Trustee, it brings me great pride to present the quarterly report covering the period of July to September 2023. This quarter signifies a significant milestone, as it marks two years since our transition to a larger facility, now 82 beds, with the primary objective of expanding the provision of palliative care to those in need. These past two years of transformation have been characterized by unwavering commitment, resilience, and remarkable accomplishments. Our impact has grown exponentially, and we now reach 700 beneficiaries on any given day.

It is undeniable that our ability to extend our services to those in need has been made possible through the steadfast support of our patrons who have unwaveringly aligned themselves with our mission. Palliative care is a shared responsibility, and it is increasingly vital to emphasize this, given that only 4% of individuals in need currently receive the timely care they require.

The encouragement and guidance provided by our esteemed Governing Board members, fellow Trustees, donors, and well-wishers have been instrumental in helping us advance toward our vision and goals. We earnestly hope and kindly request that our generous donors and supporters continue to come forward and assist us in fortifying the cause of palliative care.

Dr. M. Subrahmanyam
Long-Term Trustee

Centre Head's Desk

It's a delight to reconnect with you in the 3rd quarter of 2023. This quarter signifies a significant milestone as our institution has now completed 2 years in our modern premises. On September 4, 2021, we made the transition to this state-of-the-art facility, and since then, we've accomplished many remarkable achievements.

In July, we dedicated our efforts to expanding our community engagement initiatives. We kicked off this endeavor by participating in the **HYSEA CSR/ESG Conclave Summit**.

Throughout the quarter, the Sparsh team and our beneficiary families actively celebrated various festive occasions and proud to inform that our nurses distinguished themselves by presenting posters and oral presentations at the national symposium organized by Basavatarakam Indo-American Cancer Hospital and Research Institute. The quarter concluded with the highly anticipated visit from SBI Foundation. As we approach the forthcoming festive season, we extend our advance greetings to all, and may you be blessed abundantly.



Shashidhar K
Centre Head
Sparsh Hospice

Medical Director's Desk

As the Medical Director, I have the privilege of seeing the remarkable work done on the ground to extend comfort care for our beneficiaries.

Palliative care is not just a medical discipline; it is an embodiment of care, kindness, and understanding. Our team exemplifies these values, going above and beyond to ensure that our patients experience the highest quality of life possible.

As we move forward, I encourage medical fraternity to come forward and become a part of the legacy.

It is not possible by proper guidance. Sparsh's Medical Board plays a crucial role in ensuring care quality, defining care-related strategies, and upholding ethical standards and values. Our esteemed medical board includes Dr. P. Gopal (Chairperson), Dr. Rohini Reganti, Dr. M. Subrahmanyam, Dr. Phani Sree S, and Dr. Anita Patibandla.

With the utmost respect and gratitude!



Dr. Vivekanandam
Medical Director
Sparsh Hospice

About Us

Starting with the vision to alleviate the pain in society, the Trust embarked on the journey to establish a state-of-the-art 82-bedded hospice facility in Hyderabad, Telangana. It is a standalone palliative care and hospice care center for patients with serious health-related suffering (SHS) such as cancer, neurodegenerative conditions, chronic obstructive pulmonary disease, and stroke among others.

Sparsh Hospice extends its services through 3 verticals i.e. **in-patient services, out-patient services, and home care services.**

**12 Yrs
of legacy**

8,500+
beneficiaries
served



Vision, Mission & Goals

Vision

To provide exceptional palliative care services, free of cost, to terminally ill patients hailing from all sections of society.

Mission

To render differential palliative care service to add value & provide end-of-life comfort for the terminally ill.

Goals

To encourage, facilitate and spread awareness about palliative care through education, training, outreach services & research.

Services

In-patient Services

Out-patient Services

Home care Services

Extended OP Services

Training & Education

Awareness & Advocacy

Quarter Highlights



Awareness event at Hyderabad Metro

Joined hands to conduct a palliative care awareness event at Ameerpet Metro Station which witnessed heartfelt speeches, mesmerizing dances, thought-provoking skits, an exciting spray-painting corner.



Participation at National Symposium

At the National Symposium on Advanced Oncology Nursing 2023 in Hyderabad, 7 of our staff nurses presented posters, including Mrs. Anusha Cheekati, Head Nurse, Sparsh Hospice, who was speaker at the conference.



Visit of SBI Foundation Delegates

Shri. Om Prakash Mishra, DMD (HR) & CDO, SBI, visited Sparsh along with other delegates, Shri. Rajesh Kumar, CGM, SBI, Hyderabad Circle; Shri. Sanjay Prakash, MD & CEO, SBI-F & Shri. Jitendra Sharma, DGM & CDO, SBI, Hyderabad Circle.



Academic achievement at IAPCON 2023

Anusha Cheekati, Dean George & Prathyusha YV were selected for research paper & poster presentation at 30th International Conference of Indian Association of Palliative Care. The abstract for selected paper and posters were recently published in The Indian Journal of Palliative Care.



EMPLOYEE VOLUNTEERING



STALL AT HYSEA



CHERISHING LIFE



TRAINING



EQUIPPING ASHA WORKERS

Statistics

803 new beneficiaries registered this quarter

New beneficiaries

414 Admissions

273 Home visits

116 Consultations

900 kgs

**Dry ration
distributed**



270+

**Volunteering
Hours contributed**



2,409

**Indirect
beneficiaries**



100

**Medical Equipment
distributed**



Statistics since 2011

- **3,837** new admissions till date
- **20,474** home visits successfully completed
- **3,309** new home-based beneficiary served
- **1,300+** OP Consultations

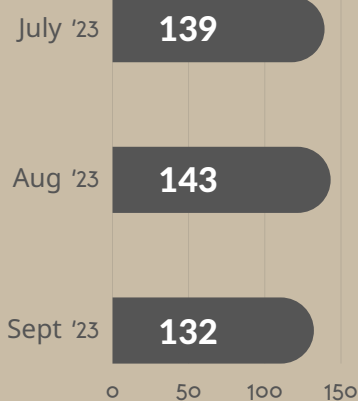


In-patient Services

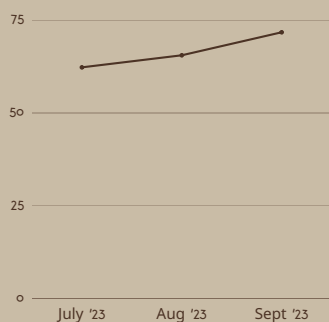
As palliative care workers catering to patients with serious health-related suffering, this means that we take holistic care of the person and their caregivers. Medical, psychological, and spiritual counseling, pain, and symptom management, conflict management, and mobilizing social support for needy families, are just some of the things we do.

Our 82-bedded hospice facility is fully functional and the inauguration of a dedicated pediatric ward was conducted on October 8, 2022, by Rana Daggubati, an Indian celebrity.

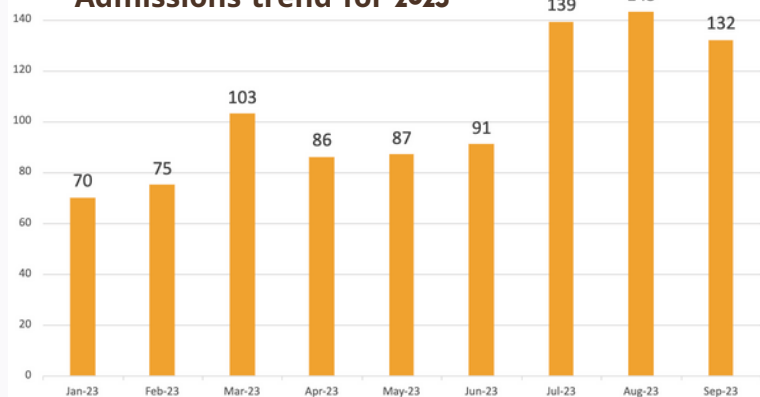
New Admissions



Occupancy trend



Admissions trend for 2023



Services offered

- Medicines
- Doctor's, nurses & counselling consultation
- Food
- Patient and attender stay
- Home like infrastructure
- Bereavement Support
- Recreational activities



I-Day celebration

On the occasion of Independence Day we organised flag hoisting ceremony where Army Public School, RK Puram, performed a cultural dance. Staff, Rotarians, Trustees and other delegates were also present.

Music Concert

N.C. Karunya, Indian Idol fame singer performed at Sparsh as his tribute for his mother, who was under our care. His soulful performance was enjoyed by all staff and the patients.



Art Therapy

An art session was conducted by students of Oakridge International School, Gachibowli, with the aim to allow caregivers and patients to express their emotions. Such sessions distract them with their ongoing distress.

Celebrating special occasions

We observe festivals, special occasions, birthdays, anniversary of our beneficiary and their caregiver. It not only brings joy and a sense of belonging but also creates a stronger bond and a more compassionate environment.

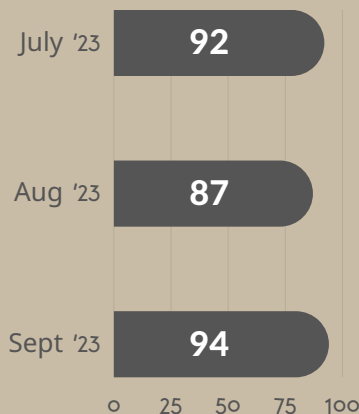


Home-care Services

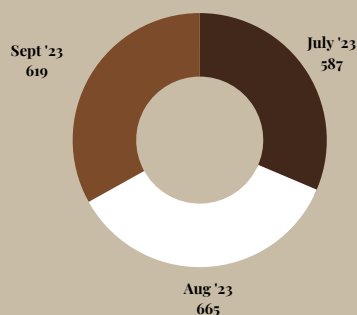
Home is where one feels connected and comfortable. During the process of dying one always prefers to be surrounded by loved ones to bid adieu in peace. With the same philosophy Sparsh has started home-care services in 2016, and currently we are reaching at least 80 new patients on monthly basis through a fleet of 6 home-care vans.

The home care project is being supported by **SBI Foundation**.

New Visits



Home Visits

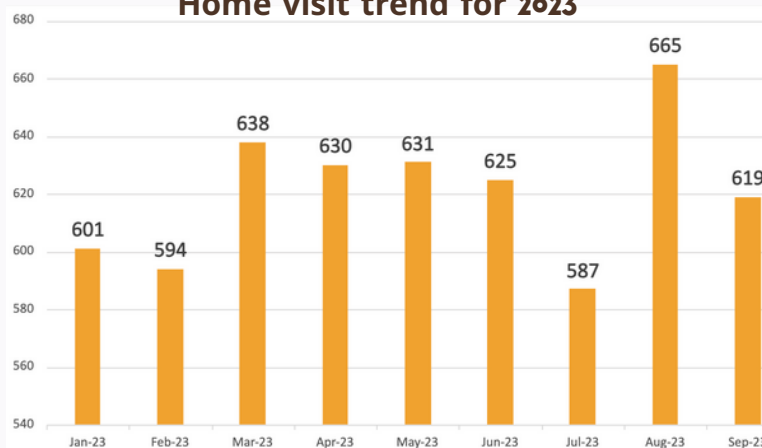


Distance Covered

60,000+
km approx. of
distance
travelled



Home visit trend for 2023



Total beneficiaries
400+ patients are
currently under our care



Celebrating with host community

We came together for a flag hoisting ceremony in the host community on the occasion of Independence Day. The spirit of this day resonated across 3 zones of Hyderabad, where we engaged with 1,500 individuals.

Comfort at home

They work closely with physicians, social workers to provide holistic and patient-centered care. They play a crucial role in enhancing the patient's and family's quality of life while respecting their values



Feeding happiness

With the aim to address the hunger needs of families who are already devastated by the aggressive disease we mobilise dry ration kits to be delivered to the beneficiaries doorstep.

Help cope with the loss

Bereavement support provides compassionate assistance to families navigating the challenging journey of grief. Our social counsellors offer psychological support, helping them cope with loss fostering healing and comfort during a difficult time.



Out-patient Services

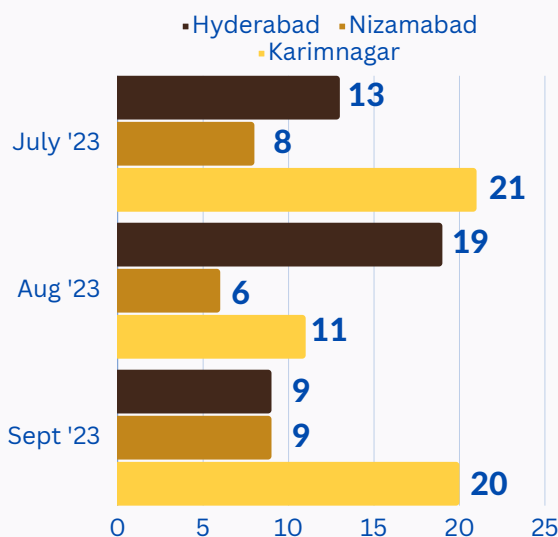
Coming closer to the community

Out-patient (OP) consultations can often be a neglected area in palliative care. Sparsh Hospice is committed to providing high-quality care to our service-users who choose to come in periodically for pain management, wound dressings, counselling, and to share a sense of community at the hospice.

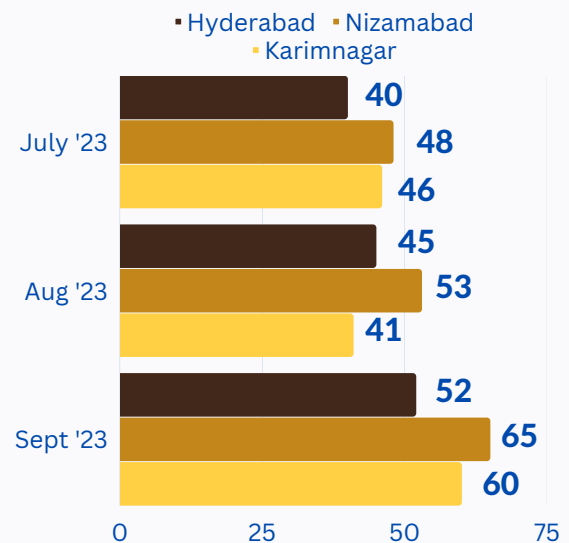
Currently we have **operational OP Clinics in Hyderabad, Nizamabad and Karimnagar** districts of Telangana where we are reaching around 100+ patients on any given day.



116 New Registrations



450 Consultations



Fortnightly Clinic at Karimnagar: In campus of Chalmeda Anand Rao Medical Institute, Karimnagar, Telangana

Extended Clinic at Nizamabad: Indur Cancer Centre, Madhav Nagar, Nizamabad



Clinic at Nizamabad

In partnership with Indur Cancer Center, Nizamabad, the fortnightly clinic runs for terminally ill cancer patients being served by the centre.

To date, we have served more than 200 beneficiaries.

Clinic at Karimnagar

In the partnership with Chalmeda Anand Rao Institute of Medical Sciences, Karimnagar, Telangana, Sparsh Hospice established a fortnightly OP Clinic to reach terminally patients being treated at the institute & other contiguous districts of Karimnagar.



Care Connect

Tele consultation is all about including patients who are away from us, it also saves the expense and makes it easier for them to receive our services in need.

This encourages families and patients in need to come forward without any hesitation.



Pratap Naik

6 reviews · 13 photos

★★★★★ 3 weeks ago

NEW

My father is suffering from 4 stage cancer. We have taken the opinion of the Sparsh. They are taking care of patients very well. They communicate well before they visit Nizamabad.





TRAINING & EDUCATION

To build capacity and add human resources in the field of palliative care, we have started training General Duty Assistants in partnership with skill development institutes. Along with increased resource, it will also contribute to the livelihood opportunities for underprivileged women and men.

Starting next quarter we will also provide learning opportunities for students and volunteers to go through our extensive learning program i.e **Certificate Course in Palliative Care for Volunteers (CCPCV) in the partnership of IAPC.**

We have created a module for interns deployed at Sparsh Hospice from various educational institutes. The module focuses on giving detailed information and hands-on training to students on the basics of palliative care. Meanwhile, we also focus on skilling our existing staff to explore new activities in palliative care ways to improve patient care.

Certificate Course in Palliative Care for Volunteers (CCPCV)

Sparsh hospice is doing its bit in building 'Compassionate Communities: Together for Palliative Care'. Let us join hands in creating a compassionate community around you. We are partnering with Indian Association of Palliative Care (IAPC) in offering the course only for volunteers to empower the community in the palliative care. Remember, Palliative care is a shared responsibility!

For registration

Date of training: Part A (Offline): Oct 28-29, 2023 Part B (Hands on Training): Nov 4-5, 2023	Course Time: 32 hours (Part A - 16 hours Part B- 16 hours) Total Duration: 4 days	Contact Email: training@sparshhospice.org POC: Mrs. Sita K, Training Incharge Mob No: 98499 75310
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Course Fees: Rs 1,000/-

We are inaugurating Certificate Course in Palliative Care Volunteering (CCPCV) in partnership with Indian Association of Palliative Care (IAPC) next quarter to educate, facilitate and add value in the community.



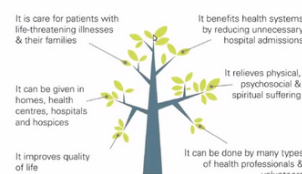
AWARENESS & ADVOCACY

"Palliative Care is everyone's responsibility"

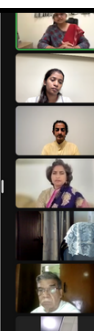
Still in India many including doctors are not aware about palliative care

WHAT IS THE GOAL OF PALLIATIVE CARE ?

- Palliative care teams aim to provide comfort and improve quality of life for patients and their families.
- This form of care is offered alongside other treatments a person may be receiving.



Sparsh Hospice



In India there is very little awareness about palliative and end-of life care which is complicated by the perception that Hospice care is often associated with giving up. Therefore, it is the need of the hour to spread extensive awareness about palliative care amongst the community including doctors, healthcare professionals and other stakeholders.

Concept of Palliative care is 3 decade old, since then hospice and palliative care services have been developed through the efforts of committed individuals and volunteers.



But now it is time to come together and work on its integration into the national level policies to reach each nooks and corners of the country.

Testimonials



Bodhanapu Vishnu

5 reviews · 5 photos



★★★★★ 3 weeks ago

NEW

We entrusted the care of our aunt to Sparsh Hospice during her final days. Prior to her admission, we chose their home care service, where dedicated volunteers, compassionate doctors, and empathetic psychologists from Sparsh Hospice visited our home once or twice a week. Their visits not only comforted our aunt but also provided invaluable emotional support to our family.

In the last crucial 10 days of her life, we made the difficult decision to admit our aunt to the hospice, as her condition had worsened significantly. It brings us solace to say that her last days were marked by peace, a stark contrast to the suffering she endured during her long battle with uterine cancer, which was diagnosed at the fourth stage, four years after her breast cancer recovery.

Throughout the home care period, Sparsh Hospice generously provided us with essential amenities like a reclining bed, a wheelchair, and other necessary equipment, ensuring our aunt's comfort and dignity.

We owe an immense debt of gratitude to the exceptional individuals who went above and beyond for us. We extend our heartfelt thanks to Ms. Vahini, Ms. Narmada, Dr. Anjaneyulu, Varma, and others who came all the way from Gachibowli to LB Nagar for their home visits. We are also deeply indebted to the entire hospice staff who demonstrated unwavering dedication in serving both patients and their families.

The process of acquiring death certificate after everything was all taken care by the staff of the hospice which is very appreciative.



Nagasai Polavarapu

3 reviews



★★★★★ 3 weeks ago

NEW

We would like to express our greetings and congratulations to the great Dr. Anjaneeyulu garu of SPARSH HOSPiCE for their distinct, unique medical care and services.

We are grateful to doctors and their full medical team, specially Ms. Laxmi & Ms. Libiya nursing staff who has been taking care of patient (Mrs. SOWBHAGYAMMA) and giving support to us from the day one to till today. We hope the same services will be continued with the same spirit.

We wish all the best to the entire HOSPICE team to continue their support and services to the patients to give peace in end of their life.

Thank u 🙏 Sparsh Hospice entire team .

Scan here to drop a kind word
about Sparsh services.



CSR PARTNERS



A CSR Initiative by



Tales of Giving - Story 1

Creating lasting legacies

Investing in Compassion, Comfort & Care

SBI Foundation, the CSR arm of State Bank of India, has partnered with project Sparsh Hospice to strengthen the home-based palliative care program in Hyderabad and its surrounding districts



Shri. Om Prakash Mishra, DMD (HR) & CDO, SBI, visited Sparsh Hospice - Centre for Palliative Care in Hyderabad, on 9th September 2023. Also present on the occasion were **Shri. Rajesh Kumar, CGM, SBI, Hyderabad Circle**; **Shri. Sanjay Prakash, MD & CEO , SBI Foundation** and **Shri. Jitendra Sharma, DGM & CDO, SBI, Hyderabad Circle**.

Shri. Suresh Reddy, Long Term Trustee, Rotary Club of Banjara Hills Charitable Trust (RCBHCT), **Shri. Jagdish Ramadagu**, Managing Trustee, RCBHCT, and other team members were also present on the occasion.

The visit included an overview of the Hospice Centre, detailing the facilities provided and the operating model. The SBI dignitaries also interacted with the patients and caregivers at the Centre.

Through this unique project, SBI Foundation endeavors to provide Palliative and Hospice care to **1,700 beneficiaries** from the underprivileged and marginalised sections of the society in and around Hyderabad city. SBI Foundation has also provided **2 mobile vans** for carrying out home care visits and distribution of medicines and utility kits to the patients. This project is an initiative under SBIF Jivanam, the healthcare vertical, being implemented by our Trust, Rotary Club of Banjara Hills Charitable Trust (RCBHCT).

Tales of Giving - Story 2

Wind beneath the wings

A compassionate soul with faith in our mission

Mr. Gupta's benevolence towards social cause demonstrates that true philanthropy goes beyond writing a check; it involves a genuine connection with those in need and a commitment to making the world a better place, one selfless act at a time.



Little did we know that the team of 2 from Gupta Foundation Trust back in 2021, who just walked in to Sparsh Hospice and were understanding our cause, would leave a lasting legacy. That day a heart-warming tale of philanthropy was about to unfold, thanks to **Mr. M.M Gupta**, a man whose wealth was exceeded only by his generosity and compassion.

With an admirable sense of responsibility, Mr. Gupta sent a team of his most trusted associates to understand the cause and evaluate the needs of Sparsh Hospice. He wanted to ensure that his contribution would have a meaningful and lasting impact on the organization. After meticulous research and impressed by Sparsh hospice's love and compassion towards beneficiaries, Mr. Gupta decided to make a substantial donation to bolster the corpus of the organization.

He **committed a corpus of Rs 1 crore** from his philanthropic organization, Gupta Foundation Trust, Eluru, Andhra Pradesh. The interest income from the donation fixed deposit would perpetually accrue towards the operating expenses of Sparsh Hospice. Now it is a ritual for Mr. Gupta to visit Sparsh facility without fail, where he takes time out to spend time with our beneficiaries and family members. We extend our sincere thanks to Mr M M Gupta and the Gupta Foundation Trust.

Like Mr. Gupta you can also spread love by contributing to the cause!

Glimpses



THANK YOU!



www.sparshhospice.org



www.facebook.com/sparshhospice



www.linkedin.com/company/sparsh-hospice/



www.instagram.com/sparshhospice/



https://twitter.com/sparsh_hospice



<https://www.youtube.com/channel/UCBCoLdLNHTKQVW7DL-Y5fTw>



<https://www.sparshhospice.org/donate-online/contact.php#donate>



**Rotary Club of
Banjara Hills
Charitable Trust**
(Reg No.139/2011)

Sparsh  **Hospice**

Address: Sy No. 7/1/2, Next to Oakridge International School,
Nanakramguda Road, Hyderabad, Telangana - 500104
email: info@sparshhospice.org
Call: +91 7995027879/8