

Sparsh  Hospice

QUARTERLY REPORT

APRIL - JUNE 2023



**Rotary Club of
Banjara Hills
Charitable Trust**
(Reg No.139/2011)

A Public Charitable Trust registered under Registration Act 1908, guided by Indian Trust Act 1882.

Registration no. 139/2011; under Section 12 A of Income Tax Act, 1961. F. No. DIT(E)/HYD/12A/17(08)/11-12;
under Section 80G of Income Tax Act, 1961 F. No. DIT(E) / HYD/80G/17(08)/11-12

Also, registered under Section 11 (1) of the FCRA; Registration No: 031170582 (Nature: Social)



www.sparshhospice.org



7995027879/8



info@sparshhospice.org



Sy No. 7/1/2, Next to Oakridge Int'l School, Khajaguda, Hyderabad, Telangana - 5000032





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Governing Board



Padma Bhushan
Shri K Varaprasad
Reddy, Chairman
Shanta Biotechnics



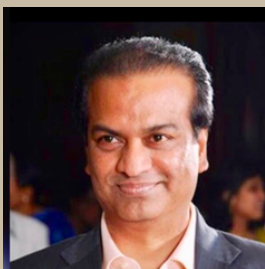
Shri M. Mahendar
Reddy (IPS),
Rtd. DGP,
Telangana Police



Shri Vinod Agarwal
(IAS), Retd. Principal
Secretary



Shri Jayesh Ranjan
(IAS), Secretary, IT
Govt. of Telangana



Dr. P. Vijayanand
Reddy,
Director Apollo
Cancer Institute



Smt. Vanitha Datla,
Vice Chairperson &
MD, ELICO
Healthcare Services
Ltd.

From the Desk

Sparsh Hospice's concentrated efforts in the palliation of terminally ill patients have been exemplary. The institution has been prioritizing comfort and reducing pain and suffering, through interventions that improve quality of life for these unfortunate people, while attending to their and their family's emotional and spiritual needs. The Centre's values and goals have been integral to the services they provide and are interwoven throughout the care they provide. The Children's wing that was recently opened has been a much-needed initiative that caters to young individuals and their families who require the support to relieve pain and symptoms of the patient. My time with Sparsh has been humbling and introspective as I understand the goodness of such institutions in our society. My sincere appeal to society at large would be to help support this endeavor so that we can assist in bringing comfort and dignity to people in their last stages of life.

**With Best Wishes,
Vanitha Datla
Vice Chairperson, Elico Ltd.
Vice Chairperson and Managing
Director, Elico Healthcare
Services Ltd.**

Board of Trustees



Mr. M. Suresh
Reddy
Long-term Trustee



Dr. M.
Subrahmanyam
Long-Term Trustee



Mr. Jagadish
Ramadugu, Treasurer
& Long-term Trustee



Mr. Prabhakar
Dhulipudi
President & Trustee



Mr. Govindarajulu
Vaasudevan
Secretary & Trustee



Dr. M. Pranathi
Reddy
Trustee



Mr. Durga Prasad
Madasu
Trustee



Mr. T. Vijaypal
Reddy
Trustee

From the Trustee's Desk

Continuing in a steady way



Dear Friends,

The quarter under review is another significant one in the history of the Rotary Club of Banjara Hills Charitable Trust, as its brainchild project - Sparsh Hospice - has crossed the milestone of supporting 7,500 terminally-ill patients. The project of the club is a one-of-its-kind initiative and has been creating long-term impact in terms of alleviating pain, and fighting serious illnesses.

Unwavering support

On behalf of Sparsh Hospice and Rotary Club of Banjara Hills, I would like to extend my deepest gratitude for the continuous support of the Governing Board, fellow Rotarians, fellow Board members, and the Sparsh team. The project has gained accolades not only

at a national level but also by being recognized internationally.

Currently, 62 beds are operational and monthly average expenses is Rs 45 lakhs.

I would like to thank all patrons from corporates, educational institutions, fellow Rotarians, and kind individuals for extending their support.

Upcoming goals

Now we are focusing on scaling our services and we are targeting to increase the occupancy percentage.

I take this opportunity to appeal to corporates, CSR institutions, philanthropists, and individuals to unite with Sparsh Hospice and contribute to the welfare of the community.

It is my sincere appeal to the worldwide Rotary family to invest in our cause and participate in

easing the suffering of many.

Finally, I would like to extend my sincere gratitude to the Sparsh team, who work around the clock on the frontlines every single day to ensure comfort and care to our patients and their families.

It is only through your effort that we stand proudly today.

**With Best Wishes,
Mr. Jagadish Ramadugu
Treasurer &
Long-term Trustee**

Centre Head's Desk

Dear Friends,
First quarter of 2023-2024 has been a dynamic and eventful period for us. We are thrilled to welcome new donors such as **Axon, DE Shaw, Nosch Labs, and others**, who have joined us in our mission. Their support has enabled us to reach out to many new beneficiaries and extend our services to more individuals in need. One of our achievements is the establishment of a rural outreach partnership with Chalmeda Anand Rao Institute of Medical

Sciences in Karimnagar. Additionally, we have expanded our scope of engagement with 2 reputed cancer hospitals in Telangana.

As we step into our 12th year of service (2011-2023), we reflect on the fulfilling journey we've had so far. Our institution has been recognized by the Charities Aid Foundation for its exemplary due diligence.

Sincere gratitude goes to the Trustees of the Rotary Club of Banjara Hills Charitable Trust for their unwavering support.



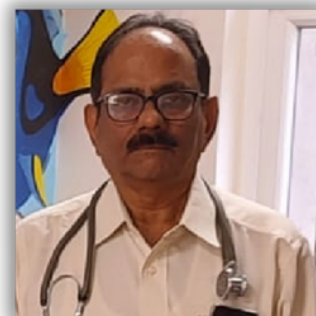
Mr. Shashidhar K
Centre Head

None of this would have been possible without the dedication of our 24x7 working staff, our army of volunteers, patrons, and our supportive peer community network. I take this opportunity to appeal to CSR companies, institutions, individuals, and philanthropists to unite with our activities. With gratitude!

Medical Director's Desk

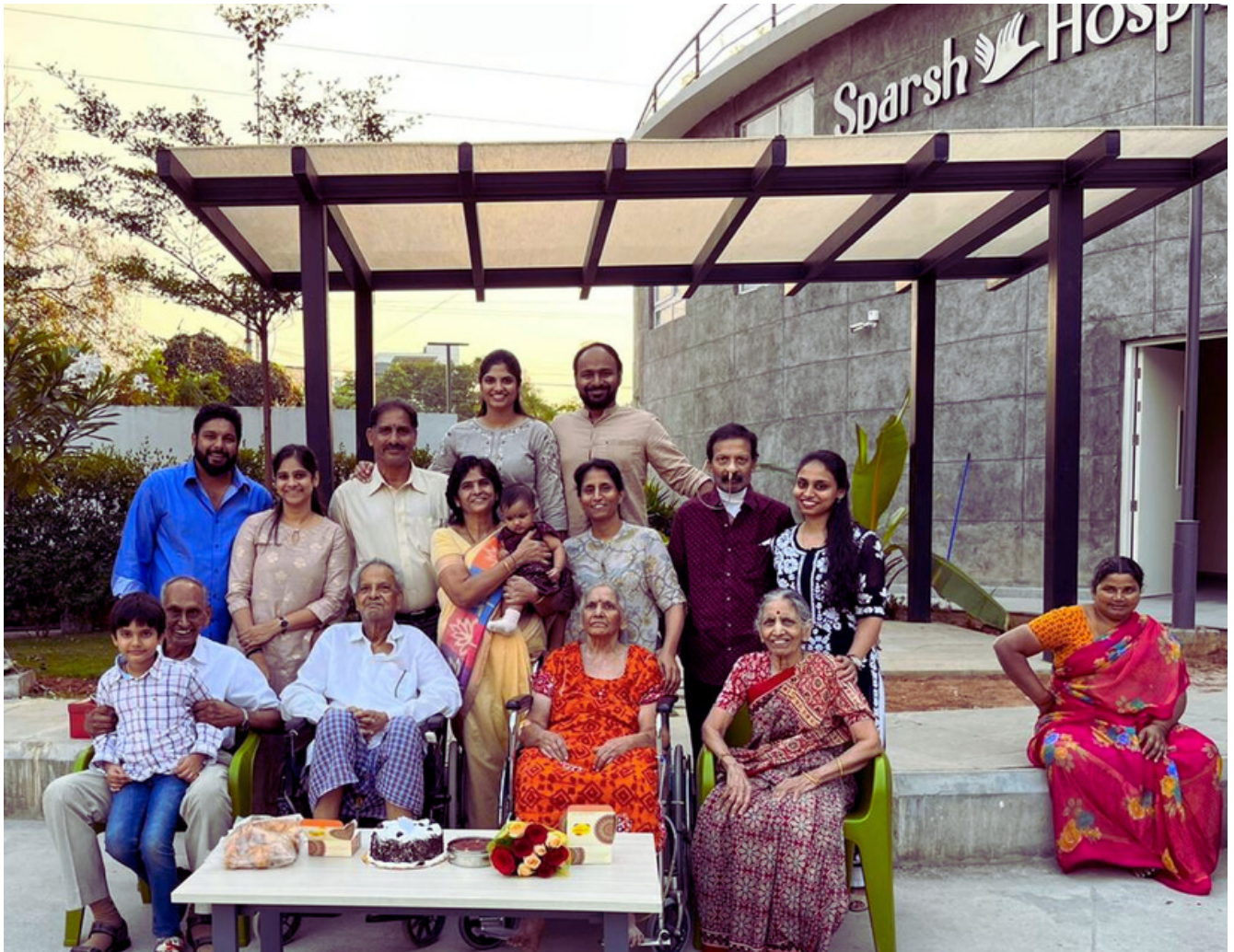
Any life-limiting illness is one of such crisis, which catalyzed threat whose repercussions stay for a very long time. Quality of life, education, and sliding economy slides a lot of family to the poverty line. Therefore, at Sparsh we not only increase the quality of life of the patients and their families but we are also poverty at the same time. At Sparsh the care team

aims to alleviate the pain of suffering and reduce the family's burden in whatever way we can. A team of doctors, social workers, counsellors, nurses, and paramedical staff work round the clock to extend holistic care. Sparsh Medical Board oversees care quality; set care-related strategic direction; establishes ethical standards, values, and compliance. Our medical board consisting



Dr. S. Vivekanandam
Medical Director

of Dr. P. Gopal (Chairperson), Dr. Rohini Reganti, Dr. M. Subrahmanyam, Dr. Phani Sree S & Dr. Anita Patibandla.



Sparsh Hospice

Alleviating pain since 2011

Starting with the vision to alleviate the pain in society, the Trust embarked on the journey to establish a state-of-the-art 82-bedded hospice facility in Hyderabad, Telangana. It is a standalone palliative care and hospice care center for patients with serious health-related suffering (SHS) such as cancer, neurodegenerative conditions, chronic obstructive pulmonary disease, and stroke among others. Sparsh Hospice extends its services through 3 verticals i.e. **in-patient services, out-patient services, and home care services.**

Vision, Mission & Goals



To provide exceptional palliative care services, free of cost, to terminally ill patients hailing from all sections of society.



To render differential palliative care service to add value & provide end-of-life comfort for the terminally ill.



To encourage, facilitate and spread awareness about palliative care through education, training, outreach services & research.

Our Services



In-patient Services



Extended Services



Out-patient Clinics



Training & Education



Home-care Services



Awareness & Advocacy

Quarter Highlights



'Sanghamitra' Club meeting to celebrate NGOs & CSOs



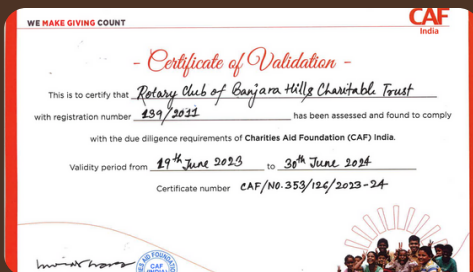
Started OP Clinic at Karimnagar district of Telangana



Sparsh represented at 'Y2o India Summit' conducted by Telangana State Innovation Cell

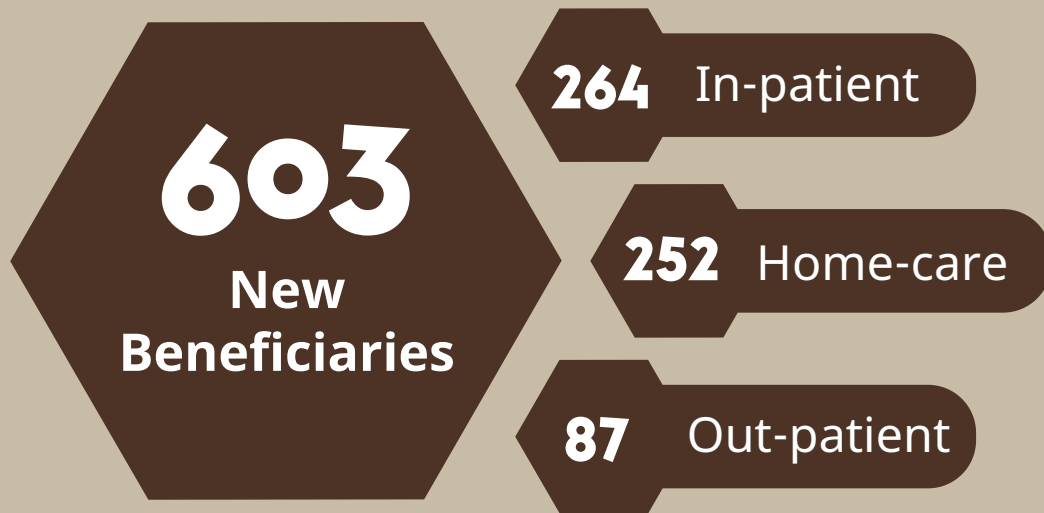


Dr. D. Vanaja completed National Fellowship in Palliative Medicine from Institute of Palliative Medicine in collaboration with Christian Medical College



Our Trust received Charity Aid Foundation validation certificate demonstrating transparency and accountability.

Statistics



Statistics since 2011

- **3,423** new admissions till date
- **18,603** home visits successfully completed
- **3,036** new home-based beneficiary served
- **1,100+** OP Consultations



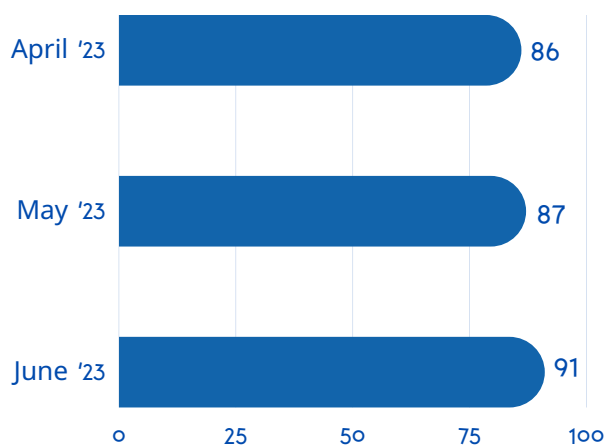


IN-PATIENT SERVICES

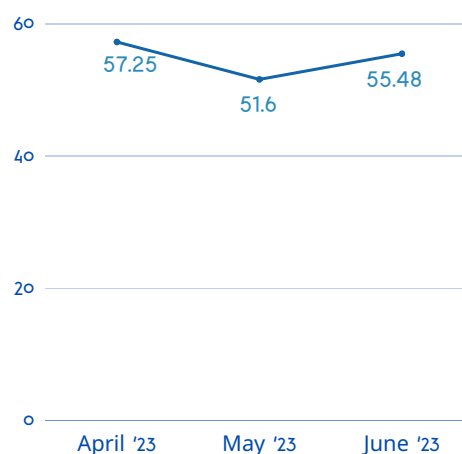
82-bedded state-of-art facility

As palliative care workers catering to patients with serious health-related suffering, this means that we take holistic care of the person and their caregivers. Medical, psychological, and spiritual counseling, pain, and symptom management, conflict management, and mobilizing social support for needy families, are just some of the things we do. Our 82-bedded hospice facility is fully functional and the inauguration of a dedicated pediatric ward was conducted on October 8, 2022, by Rana Daggubati, an Indian celebrity.

New Admissions



Occupancy Trend



Services offered

- Patient and attender stay
- Medicines
- Food
- Home like infrastructure
- Doctor's, nurses & counselling consultation



Recognising caregivers

Be it men or women caregivers, it can be only sustainable if they are also included in the holistic approach of healthcare.

Therefore, Sparsh tries to empower them by educating, coaching, counseling, and handholding.



Affecting the journey

At Sparsh, we make sure that every beneficiary's emotional well-being is being taken care of. We try to curate and organize entertainment programs for patients and their family members as a distraction from the disease.



Patients are priority

For patients, physicians and the staff are like a source of strength, therefore a simple act of spending time with them can add life to their days.

Our team makes sure to build a rapport with patients & their family members, which helps them in extending quality care.



One smile at a time

The palliative care team at Sparsh unites their efforts to cultivate positivity and peace, come closer to the family and support their needs. We conduct alternate therapies to engage and distract patients from their pain and suffering.



Special occasions

Sparsh's team organizes special events at the facility for beneficiary's birthdays, wedding anniversaries, and other significant occasions to make them happy. The colour red, which was our dear *Naveen's favorite, is worn by the team in the picture above.



Make a Wish

Making wish of children come true at times provides comfort and joy. It could be much needed happiness at a point in time, therefore we always try our best to make it true. In the above picture, pediatric beneficiary wanted to play games at the mall and our team made it happen.



HOME-CARE SERVICES

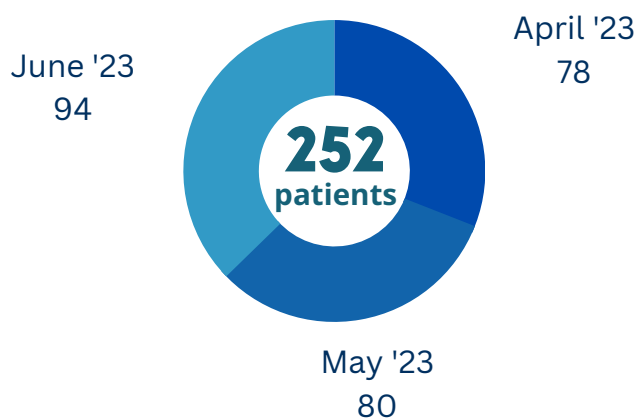
Continuity of care

Home is where one feels connected and comfortable. During the process of dying one always prefers to be surrounded by loved ones to bid adieu in peace.

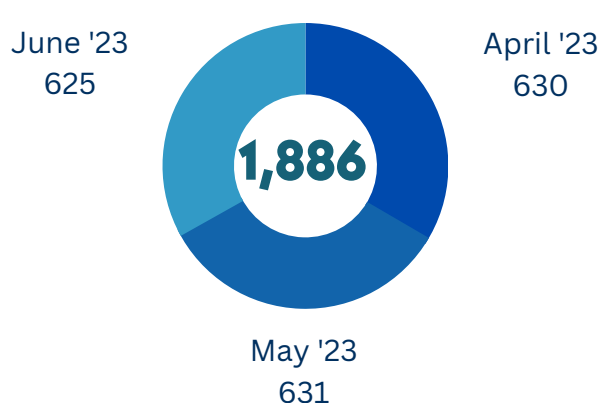
With the same philosophy Sparsh has started home-care services in 2016, and currently we are reaching around 80 new patients on monthly basis through a fleet of 6 home-care vans. The homecare project is being supported by SBI Foundation.

We thank you SBI Foundation for the support.

New patients registered



Total home visits



Distance covered



Total beneficiaries





Recognition from Donor partner

Home-based women's team received a hamper and acknowledgment certificate from SBI Foundation for their contribution to the project on the occasion of International Women's Day. We thank the organization for it.



A potluck afternoon

Our team organized a potluck lunch at the home of a beneficiary as she wished to do it. Everyone cooked and brought favorite dish of the beneficiary to surprise her. She felt very happy with the gesture and gifted a handmade card to the team.



Rain or shine, we show up

Home Visits form a crucial part of our services. Thousands of people cannot access a healthcare facility. We strive to meet them, where they are when they need us, honoring Universal Health Coverage.



Catalysing Change

We mobilize volunteers to encourage and inspire them to join the palliative care movement by spreading awareness and educating others. We also catalyze the panchayats and volunteers within our different zones of work and clinics.



Serving underserved

Several reports claim that the suffering and unjustified deaths among the underprivileged are disproportionately high. Our door-to-door facility is our commitment towards them to extend quality care at the end of their life.



Integrating outreach

The project team on a regular basis visit nearby public health centers, Anganwadi centers, mohalla clinics, and other stakeholders to reiterate our cause. We do the visits on a regular basis to understand the need in society.



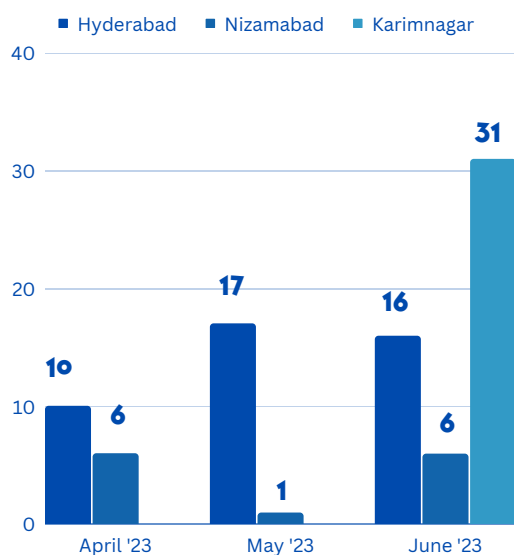
OUT-PATIENT SERVICES

Coming closer to the community

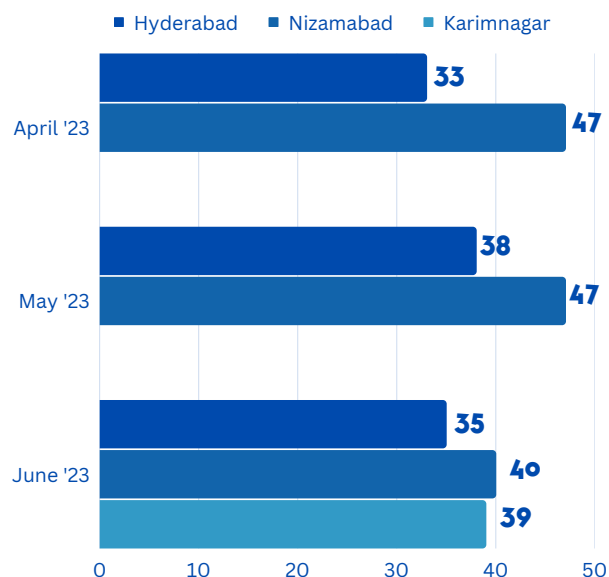
Out-patient (OP) consultations can often be a neglected area in palliative care. Sparsh Hospice is committed to providing high-quality care to our service-users who choose to come in periodically for pain management, wound dressings, counselling, and to share a sense of community at the hospice.

Currently we have 3 fully operational OP Clinics in Hyderabad, Nizamabad and Karimnagar districts of Telangana where we are reaching around 100+ patients at any given day.

87 New Registrations



279 OP Consultations



We started new OP Clinic at Karimnagar in collaboration with Chalmeda Anand Rao Institute of Medical Sciences.



Clinic at Nizamabad

In partnership with Indur Cancer Center, Nizamabad, we have started OP Clinic on a fortnightly basis, where the team travels around 200 km to conduct the OP Clinic for terminally ill cancer patients. To date, we have served more than 100 beneficiaries.



Clinic at Karimnagar

We partnered with Chalmeda Anand Rao Institute of Medical Sciences, Karimnagar, Telangana establishing an OP Clinic to reach terminally patients being treated at the institute and other terminally ill patients from rural Telangana.



Care Connect

Tele connect is all about including patients who are away from us, it also saves the expense and makes it easier for them to receive our services in need.

This encourages families and patients in need to come forward without any hesitation.



Jyothi Kovvuri

1 review

★★★★★ 2 weeks ago

NEW

(Translated by Google) My name is Dilip Kumar because I got cancer so I came to C A I M S KARIMNAGR HOSPITAL here Sparsha Hospital came here and gave us medicines free of cost we were in pain due to use of those medicines and we are very happy.

(Original)

నా పేరు దిలీప్ కుమార్ నాకు క్యాన్సర్ వచ్చినందున నేను C A I M S KARIMNAGR హాస్పిటల్ కి వచ్చాము ఇక్కడికి స్పర్శ హాస్పిటల్ వాళ్ళు వచ్చి మకు ఫ్రీగా గా మందులు ఇచ్చారు మ ఆ మందులు వాడటం వల్ల చాలా నొప్పులు తొగ్గినవి మందులు ఫ్రీ గా ఇచ్చారు మాకు చాలా సంతోషంగా ఉంది

Like



Training & Education

To build **capacity and add human resources** in the field of palliative care, we have started training General Duty Assistants in partnership with other institutions.

Along with increased resource, it will also contribute to the livelihood opportunities for underprivileged women.

We also provide **learning opportunities for college students and volunteers** to go through our extensive learning program.

We have created a module for interns deployed at Sparsh Hospice from various educational institutes. The module focuses on giving detailed information and hands-on training to students on the basics of palliative care.

Meanwhile, we also focus on skilling our existing staff to explore new activities in palliative care ways to improve patient care by effectively managing the patients and their family members.

Awareness & Advocacy

Cancer Awareness program in collaboration with Ayyanna Foundation

To reach local community leaders and residents we conducted a cancer awareness program at Parvathi Nagar in Hyderabad to sensitize people to the need of palliative care. Total of 250 members participated in the event.



Reaching potential stakeholder

The team participated at the 'Kanti Velugu' program at Shankarpally, Hyderabad where they sensitized Sarpanch, resource persons, and local villagers about the palliative care objective which led to an invitation to conduct an outreach program at a larger scale in the next quarter.

Creating ripple of change with volunteers

We train our volunteers to reach their local communities for creating awareness about palliative care. This quarter our peace fellows helped us in reaching **Wanaparthi, Rangareddy, and Gudiwada districts.**

Our sincere thanks to them!



Testimonials

Sparsh Hospice

Sy No. 7/1/2, Sparsh Hospice, next to Oakridge International School, Hyderabad, Telangana

[Get more reviews](#)

4.9 ★★★★★ 398 reviews ⓘ



Rajani Goud

3 reviews

★★★★★ 2 weeks ago

NEW

It has been a fantastic experience with Sparsh Hospice. Sparsh hospice is a good place for terminally ill patients to have a quality life till end. The patients will be taken good care by the doctor, nurses, entry team. The patients are very comfortable caring. They give free service to patients and the care takers along with them, food is prepared as need of patient and free food for care takers.

They also give professional guidance to the family of the patient and help both to handle the issues with confidence and ease. Thank u 🙏 Sparsh Hospice entire team .

👍 Like



Mukesh Kumar

2 reviews

★★★★★ 4 months ago

It has been a fantastic experience with Sparsh Hospice. My mom went through septicemia and needed help at home. We got in touch with Sparsh hospice and within a day their team was at my home to assess the situation. Their doctor and nurse were courteous to visit my place of their own couple of times, assess the situation and prescribe medicines. Even on offering a token of appreciation, they didn't take anything from us.

I really appreciate their selfless work for critical patients. Great job and wish this team all the best for their endeavours!

👍 3

Scan here to drop a kind word
about Sparsh services.



MOMENTS



A Special Note of Thanks to all Our Stakeholders

We are deeply thankful to hundreds of individuals, philanthropists, institutions, and agencies who have come along with us till here.

Please know that each and every contribution means a lot to us. In times, when there is no option available for patients and the family is in distress the donations strengthen our efforts to extend palliative care services to those beneficiaries.

Email: info@sparshhospice.org

Website: www.sparshhospice.org



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**Rotary Club of
Banjara Hills
Charitable Trust**
(Reg No.139/2011)

Sparsh  **Hospice**



**Scan here to
donate**

