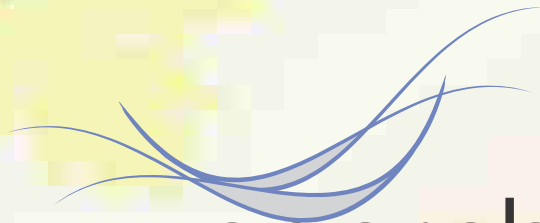




**Rotary Club of
Banjara Hills
Charitable Trust**
(Reg No.139/2011)



sparsh hospice

a serene and dignified departure

ANNUAL REPORT 2018-2019

A serene and dignified departure



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Message from Our Trustee's Desk

B. Mallikarjuna Chary

President - RCBHCT

The year under review was another significant one in the annals of Sparsh Hospice.

The staff at Sparsh Hospice continued to provide compassionate and professional palliative care to our patients. I am grateful to the entire medical support staff for their passion in serving our patients. I would like to thank Dr. Ramanjaneyulu who treats the patients with utmost care and affection. I am extremely grateful for my fellow trustees from the Rotary Club of Banjara Hills who continue to provide valuable suggestions and support to the trust. We wouldn't have been successful without the support that we receive financially and in kind from our donors. I am particularly thankful to our CEO Mr. Ram Mohan Rao for his valuable time and support in improving the facilities at Sparsh. I sincerely thank all the corporates, who supported us through their CSR activities, and I look forward to the continued support from all our donors and supporters.

It is also gratifying to note that a large number of patients come to us on the recommendation of the families of our previous patients and continued to have a steady stream of inpatients being admitted to Sparsh on referrals from Indo American Cancer Hospital, NIMS, KIMS, Bibi Cancer Hospital, MNJ Cancer Hospital and various other Hospitals in and around the Twin Cities. I sincerely thank all these referral hospitals for providing us the opportunity to serve the needy.

We conceptualized a very successful fundraising event at the tail end of this year, which was executed successfully on 21st June 2019 at ShilpakalaVedika, Hyderabad. Padmashri recipient Shri Shankar Mahadevan, a renowned playback singer graced us with his presence and mesmerized the audience with his musical performance. The success of this event kept our morals high throughout the year. The funds generated from this event helped us in taking up more challenges, set new goals and take things to the next level in terms of our reach and visibility to the community.

I would like to conclude by expressing my gratitude to all the Trustees and the members of RCBH for their efforts and contributions to make the Rotary year 2018-19 successful.

Yours truly,

B. Mallikarjuna Chary

President - RCBHCT



Message from Our CEO's Desk

Ram Mohan Rao Yarrapothu

Previous year, we ended on a high note. We had organised a very successful fundraising event in March 2018 at Shilpakala Vedika, Hyderabad where Padma Bhushan Shri S.P. Balasubrahmanyam, the celebrated playback singer was invited as the main performer. The success of this event kept our morale high throughout the year. The funds generated helped us in taking up more challenges, setting new goals and taking things to the next level in terms of our reach to the community.

Sparsh has three modes of patient services. First are the in-house patients; and these patients stay with us and receive full treatment. We had more than 300 admissions this year, with more than 90% occupancy rate. We are always saddened if we have to turn away any patient in need of palliative care. As we feel there is a lacunae for a good cancer hospice, we are constantly striving to expand our capacity. Therefore, we added 3 more beds to address this need.

The second mode of treatment we provide is outpatient services, where the patients who do not stay with us nonetheless rely on us for affordable medicare. Besides the regular outpatients we added on an average 10 new OP's each month. These patients are in immediate need of medicine and counselling, and are mostly from the rural areas.

We have also recently started home care visits, in an effort to reach out to more people in need of critical care. We were able to tend to more than 500 patients on a regular basis, as a part of our home care visits this year. We have upgraded the facility to offer better care. This three-pronged strategy for reaching maximum patients has resulted in us being able to reach 100 patients in a day; a huge milestone for us. For this, I have to really commend the entire team of doctors, nurses, counsellors, caregivers, and the support staff. They are relentless in their services and are always happy to help with a smile on their faces.

I also want to take this opportunity to thank the donors who have been very committed to supporting good palliative care: SBI Card, Rainbow Children's Medicare, APT Online, and others. The Telangana Government has also recognised the tremendous work that Sparsh has been doing and to further support our cause it has allotted land to us for a new hospice facility. The work on the new centre has already begun. With the blessings and wishes of our patients and their families, and the support of Rotary and all the donors, we should be able to move into the new facility in the year 2020.

With this positive message, I want to thank all the patrons of Sparsh. I request them to continue to support us on this noble endeavour.

Warmly,

Ram Mohan Rao Yarrapothu

OUR PRESENT FACILITY

Presently Sparsh is functional from a rented premises nestled in the tranquil by-lanes of Banjara Hills, Hyderabad. The 12 bed facility caters mainly to the needs of terminally ill cancer patients. Over the years awareness of Sparsh and its services has increased tremendously among the general public. Due to limited number of beds, we are currently restricting our services to terminal cancer patients whereas caring for non-cancerous terminal patients remains largely unaddressed.

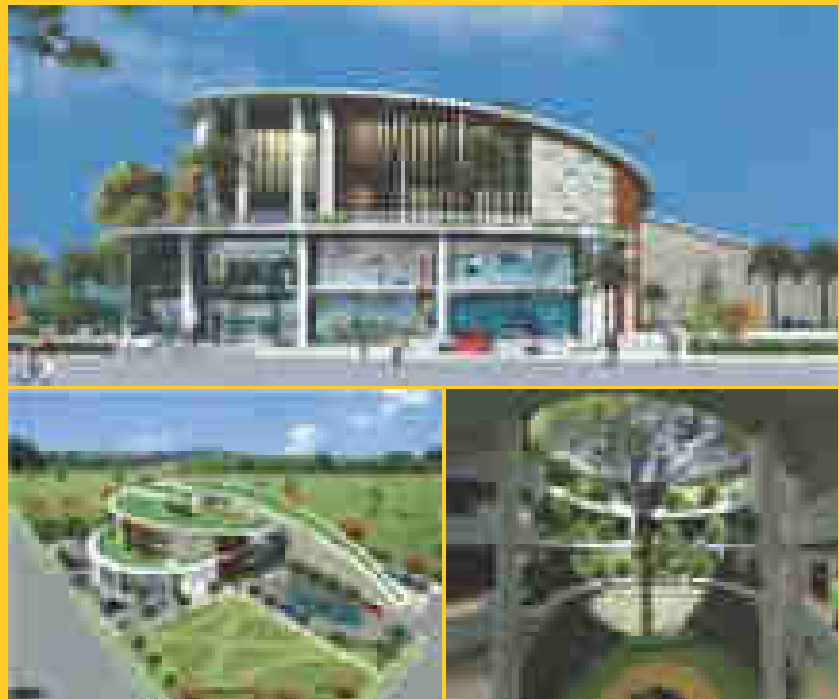


Therefore the need for a newer and a bigger independent hospice and palliative care centre has arisen. We hope to overcome this challenge in the upcoming 70 bedded facility to cater to the ever increasing demand for such symptomatic care.

OUR NEW FACILITY

We are glad to inform you that with the support received from society, we have been able to embark on a new humanitarian venture of constructing a bigger hospice on the land (1.1 acre) that was allotted to us after recognition of our efforts of hospice and palliative care by the Government of Telangana.

The proposed new facility spread across 58,000 square feet area comprising of 70 beds, will be constructed at an estimated cost of 9-10 crores. The construction team comprises of Sudhir Associates, Phoenix Group, JLL and Engrin Services Pvt. Ltd.



Thank you **PHOENIX**, for helping us build a bigger hospice, where we can serve many more patients who are facing advancing illness, to improve the quality of their life by providing COMFORT, SUPPORT & DIGNITY.

OVERVIEW

Sparsh Hospice established in September 2011 is an initiative of Rotary Club of Banjara Hills (District RI 3150) under a separately constituted Trust named as Rotary Club of Banjara Hills Charitable Trust. Sparsh Hospice is a Centre for Palliative Care for terminally ill cancer patients.

When the 'treatment to cure' is no longer effective, patients opt for hospice care, where the curative care is of low importance, whereas making the remaining life of the patient better is the main agenda. Palliative care helps in moderating physical pain and emotional sorrow by making it easier to bear for the patient. It is a special care that helps 'alleviate pain without curing'. At Sparsh Hospice palliative care is provided by a team of qualified doctors, nurses, caregivers and counsellors. Since its inception, Sparsh Hospice has provided palliative care services to over 1800 patients up to 31st March 2018. These include service to inpatients, home care and outpatients.

All services at Sparsh Hospice are provided absolutely free of cost, no hidden charges, no surprises. Free services include accommodation and food, medical professional services, equipment and pharmaceutical goods, hygiene

and sanitation products etc. used in treatments given to patients. All expenses are borne by Rotary Club of Banjara Hills Charitable Trust with the help of cash and in-kind donations received from individuals, philanthropists, educational & medical institutions and corporate houses in India and the US.

All donations received in India by the Trust are eligible for tax exemption under sections 12A and 80G and all US donations are tax exempt under section 501 (c)(3). The Trust also has a FCRA account to directly receive all foreign contributions.

OUR VISION

Our long term vision is to be able to continue to provide exceptional palliative care services, free of cost, to terminally ill patients hailing from all sections of the society.

OUR MISSION

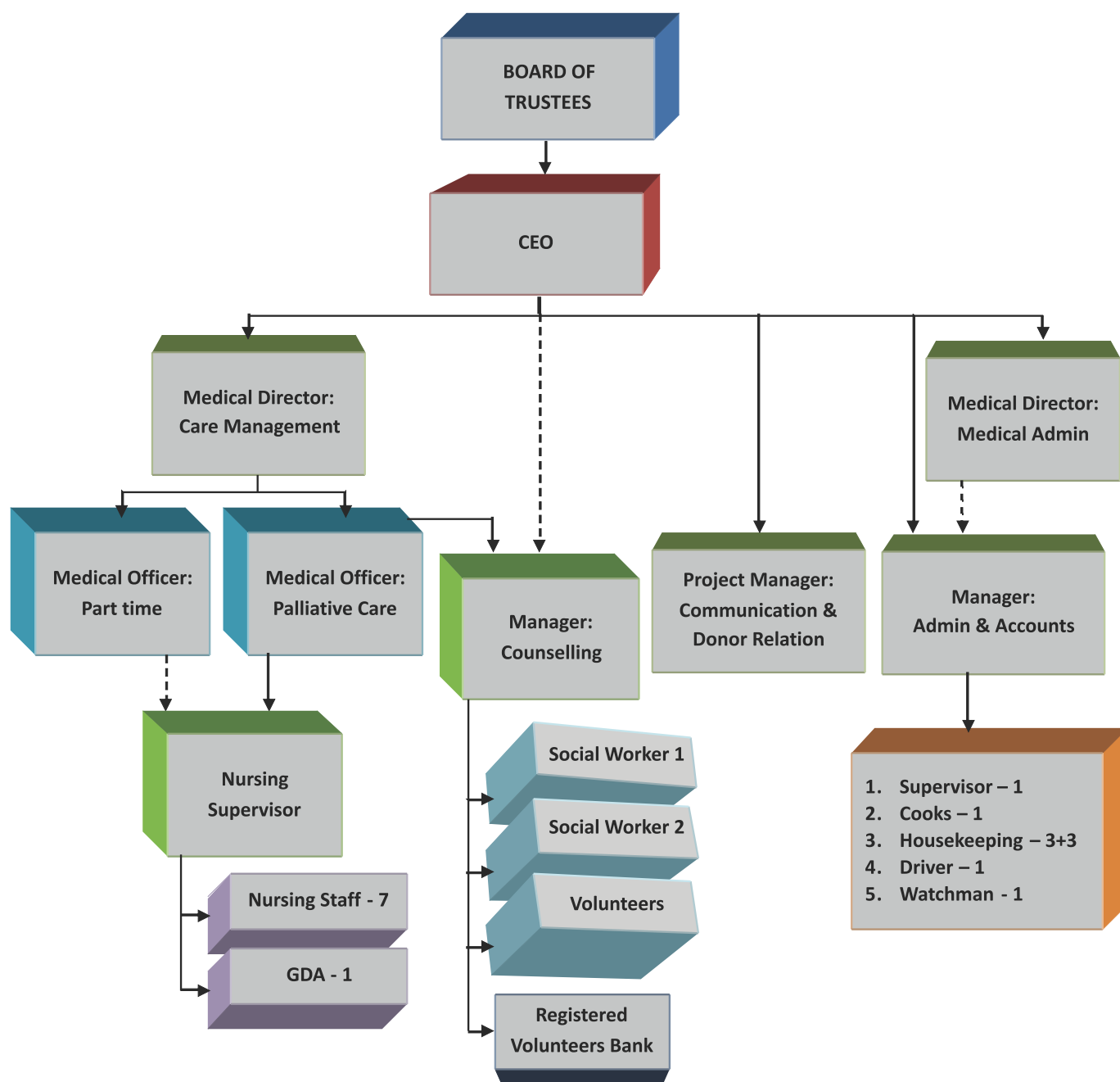
- 1) To render differential palliative care service to add value and provide comfort in the end-of-life days of terminally ill patients.
- 2) To organise and execute awareness programmes on palliative care in communities across the state and beyond.
- 3) To encourage and facilitate practical training in palliative care among healthcare professionals serving critical and terminal patients.
- 4) To help facilitate study and research on palliative care and hospice centres.
- 5) To provide care and compassion by holding hands and addressing patients with utmost dignity and respect and offer them 'a serene and dignified departure' from this world.
- 6) To permanently get onboard and collaborate with noted philanthropists, corporations and foundations to help fulfill our vision.

OUR TEAM

Our palliative care services are provided by a skilled multidisciplinary team of specialist doctors, nurses, social workers, ancillary staff and allied health professionals. Service support is extended by administrative staff, volunteers, management and project staff. The team works across all healthcare settings – inpatients, home-care, and outpatient consultation unit – to minimize patient suffering by providing pain and symptom management care. The team is headed by our CEO Mr. Ram Mohan Rao. With a commendable career spanning over 4 decades, Mr. Mohan Rao brings with him a wealth of experience and expertise in Human Resources, Industrial Relations, Admin, Legal, Human Rights & Community Relations and Corporate Social Responsibility in Public Sector Banking and MNCs.

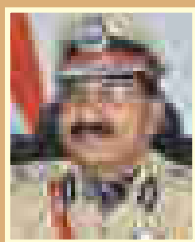


SPARSH ORGANOGRAM

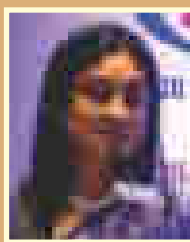


OUR GOVERNING BOARD

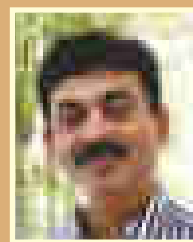
The Trust is supported by a Governing Board comprising of 6 members. The members lay down guidelines for the functioning of Sparsh. The Board members come from different backgrounds and are eminent in their own fields. Their rich experience has helped smoothen the functioning of a complex facility like a hospice.



Shri M. Mahender Reddy
DGP Telangana Police



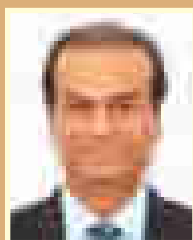
Swati Kantamani
Director, Head of NATCO Trust



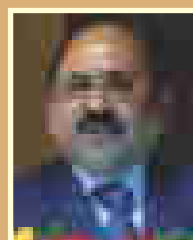
Shri Jayesh Ranjan
IAS



Padma Bhushan
Shri Vara Prasad Reddy
(Shantha Biotech)



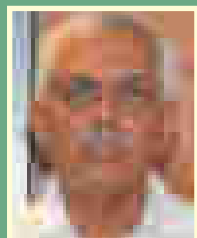
Dr. Vijay Anand Reddy
Cancer Specialist



Shri Vinod Agrawal
IAS (Retd.)

OUR BOARD OF TRUSTEES

All our Trustees are members of the Rotary Club of Banjara Hills (District RI3150). Some of them are specialist doctors and others are eminent businessmen. All Trustees come with a great zeal to do social good. The Board comprises of 8 members.



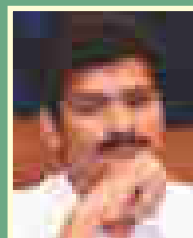
Suresh Redd
MD - Pride Honda



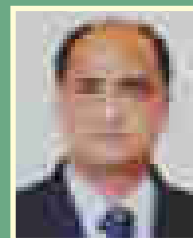
Anup Agarwal
Proprietor of
Bulk Drugs / API Unit



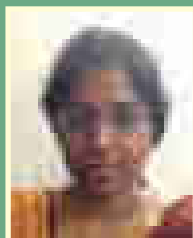
B. Mallikarjun
MD - Aishwarya Enterprises



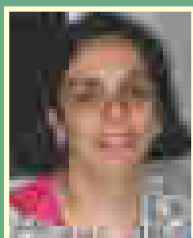
Prabhakar Dhulipudi
(Secretary), CEO & Founder
of GS Property Advisory



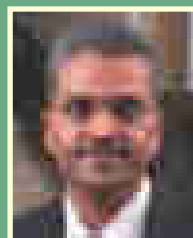
Manohar Reddy
Director of SLN Terminus



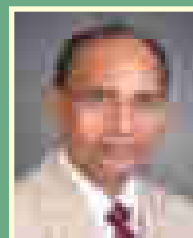
Ms. Savida Naidu
Correspondent at
GVN High School



Ms. Tanvi Pamnani
Partner at R & D Engineers



Dr. M. Subrahmanyam
MD, DNB, DA (UK), FRCA
Head of Department Anesthesia
Rainbow Hospitals



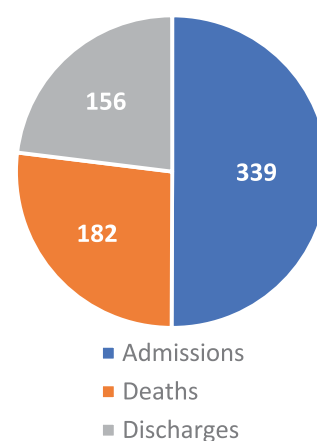
Ram Mohan Rao Yarrapothu
(Ex-officio Trustee)

OUR SERVICES

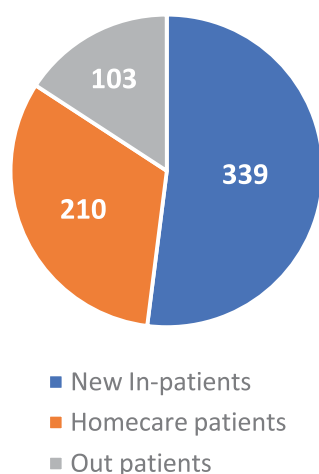
Palliative care services at Sparsh Hospice are provided absolutely free of any charge to all patients. The different services we provide are for in-patients, out-patients and home-care patients. Bereavement / trauma support services are also provided on need basis.

2018-19 STATISTICS OF SPARSH

| MONTH | ADMISSIONS | | | DEATHS | | | DISCHARGES | | |
|--------------------|------------|------------|------------|------------|------------|------------|------------|-----------|------------|
| | MALE | FEMALE | TOTAL | MALE | FEMALE | TOTAL | MALE | FEMALE | TOTAL |
| APRIL-18 | 10 | 14 | 24 | 8 | 6 | 14 | 4 | 7 | 11 |
| MAY-18 | 14 | 11 | 25 | 4 | 12 | 16 | 11 | 2 | 13 |
| JUNE-18 | 15 | 13 | 28 | 4 | 8 | 12 | 8 | 4 | 12 |
| JULY-18 | 19 | 13 | 32 | 11 | 6 | 17 | 7 | 7 | 14 |
| AUGUST-18 | 13 | 14 | 27 | 7 | 9 | 16 | 8 | 4 | 12 |
| SEPTEMBER-18 | 10 | 13 | 23 | 7 | 8 | 15 | 5 | 4 | 9 |
| OCTOBER-18 | 13 | 17 | 30 | 9 | 11 | 20 | 3 | 6 | 9 |
| NOVEMBER-18 | 8 | 12 | 20 | 4 | 11 | 15 | 4 | 3 | 7 |
| DECEMBER-18 | 17 | 11 | 28 | 8 | 8 | 16 | 7 | 5 | 12 |
| JANUARY-19 | 15 | 22 | 37 | 7 | 9 | 16 | 9 | 8 | 17 |
| FEBRUARY-19 | 9 | 17 | 26 | 6 | 9 | 15 | 6 | 10 | 16 |
| MARCH-19 | 19 | 20 | 39 | 4 | 6 | 10 | 11 | 13 | 24 |
| TOTAL | 162 | 177 | 339 | 79 | 103 | 182 | 83 | 73 | 156 |
| GRAND TOTAL | 339 | | | 182 | | | 156 | | |



HEMOCARE, OUT-PATIENTS AND IN-PATIENTS



| MONTH | HOME CARE VISITS | | | OUT PATIENTS |
|--------------------|------------------|------------|------------|--------------|
| | NEW VISTS | REVISITS | TOTAL | NEW OP |
| APRIL-18 | 23 | 11 | 34 | 11 |
| MAY-18 | 20 | 26 | 46 | 7 |
| JUNE-18 | 11 | 15 | 26 | 8 |
| JULY-18 | 15 | 17 | 32 | 10 |
| AUGUST-18 | 16 | 29 | 45 | 14 |
| SEPTEMBER-18 | 16 | 19 | 35 | 5 |
| OCTOBER-18 | 17 | 25 | 42 | 8 |
| NOVEMBER-18 | 14 | 29 | 43 | 6 |
| DECEMBER-18 | 14 | 28 | 42 | 6 |
| JANUARY-19 | 21 | 14 | 35 | 8 |
| FEBRUARY-19 | 16 | 11 | 27 | 8 |
| MARCH -19 | 27 | 51 | 78 | 12 |
| TOTAL | 210 | 275 | 485 | 103 |
| GRAND TOTAL | 485 | | | 103 |

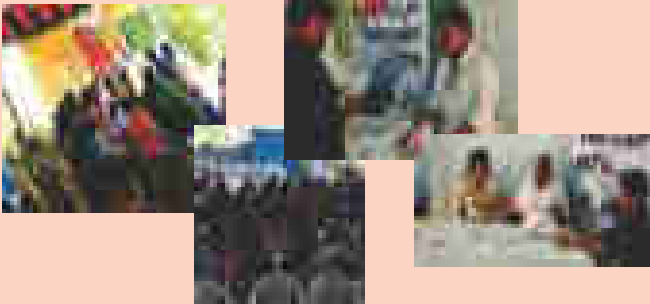
NEW IN PATIENTS= 339 | HOME CARE PATIENTS=210 | OUT PATIENTS= 103
TOTAL= 652

COMMUNITY AWARENESS

Palliative care services for patients with life limiting illnesses are not widely and readily available in India. Many patients and their families are not aware of such a service as palliative care. Sparsh has taken upon itself to spread the word and is reaching out to different communities to spread awareness on palliative care and about the free services we offer to terminally ill cancer patients.

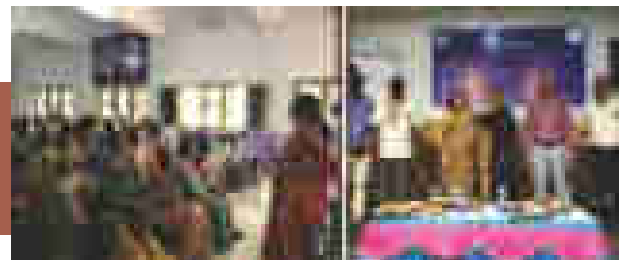
Community awareness programmes have been conducted at:

- a) Deepthi Sreenagar Colony, Miyapur – for 300 plus dump yard and GHMC workers.
- b) Turkapally, Nalgonda Dist. – for over 150 Farmers and their families.
- c) Elders Mela, AV College, Domalguda organised by HelpAge India and Elders Club International Foundation.



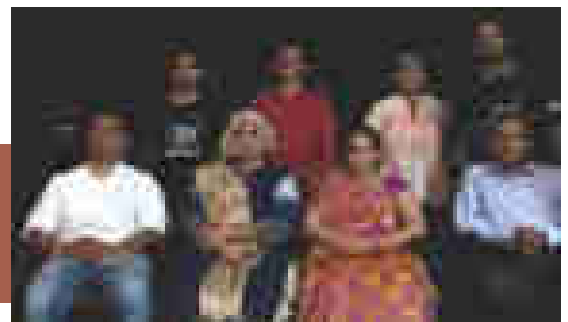
Awareness programmes at Tanuku, Eluru and Rajahmundry by Dr. Rohini Reganti.

Community Outreach Program at Komatkunta slum area – by Sparsh Social Worker Ms. Kalpana –



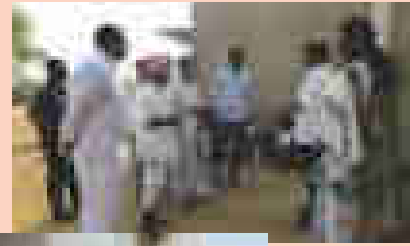
Community Outreach Program at Komatkunta Slum Area By Sparsh Social Worker Ms. Kalpana - August 2018

Our Care Team along with Sparsh Board Members chaired the Panel Discussion on Palliative Care, hosted by Osmania Medical Collage, Hyd. Sept 2018



Visit To Anganwadi Centre At Machenpalli Village

Sparsh Team including the Palliative Care Doctor and Social Workers conducted awareness programmes about Sparsh Hospice and availability of free Palliative Care services in several villages. They visited an Anganwadi Centre at Machenpalli Village, an Upper Primary School at Nagarkunta Village, and a Primary health Care Centre at Shabad Mandal.



Airtel Hyderabad Marathon Runners Spreading Awareness about Palliative Care

1. The group of Trail Blazers running gang from Bangalore also participated in the Airtel Hyderabad Marathon 2018, in support of Sparsh Hospice and to spread awareness on palliative care.
2. Dr. Gopal Ramaraju, Associate Professor of Medicine and the Associate director of Transplant Hepatology at University of Rochester Medical Center, participated in Airtel Hyderabad Marathon 2018 on 26th August 2018 in support of Sparsh Hospice. He ran the full Marathon - 42.195 km.
3. Dr Gopal Ramaraju ran a full marathon in Argentina, South America in September 2018. He wore Sparsh Tshirt to spread awareness on palliative care.
4. FELICITATION OF MARATHON RUNNER at Sailing Club, Secunderabad

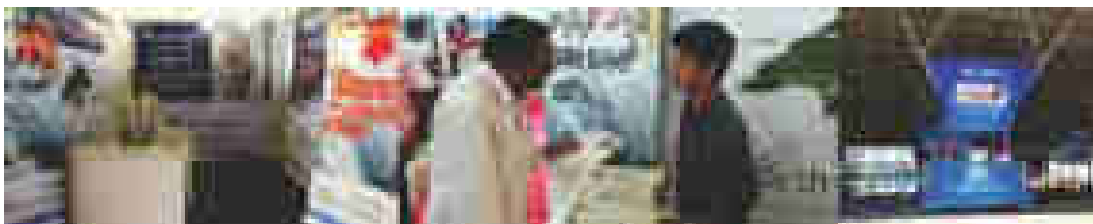


A special felicitation ceremony was organised by the Rotary Club of Banjara Hills on 1st September 2018, to welcome and honour Dr. Gopal Ramaraju, who supported Sparsh Hospice by participating in the Airtel Hyderabad Marathon 2018.

This year, in August 2018, Dr. Gopal Ramaraju was delighted to support the services of Sparsh Hospice by participating in the Airtel Hyderabad Marathon 2018 to spread awareness and help raise funds for the cause – palliative care services for terminally ill cancer patients. He participated in the full marathon.

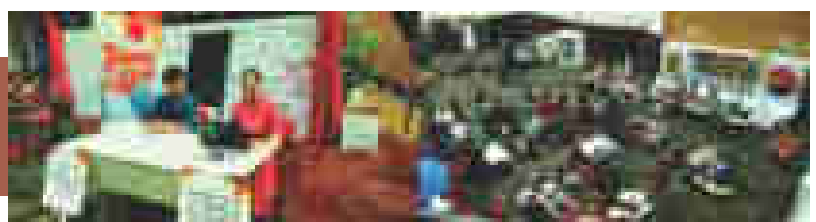
Participation At Treda Property Show

Team Sparsh visited various organisations and also participated in public exhibitions for fund raising and to spread awareness on palliative care and hospice services. The team visited KIMS Bibi Cancer Hospital and met with the Counsellor and patients' families to talk about Sparsh services. We also participated in TRED A Property Show and NGO Exhibition at Microsoft Campus, Gachibowli.



**At TRED A Property Show,
Hitex Exhibition Hall, Gachibowli**

**At the "IDC Giving" NGO Exhibition
Microsoft Campus, Gachibowli**



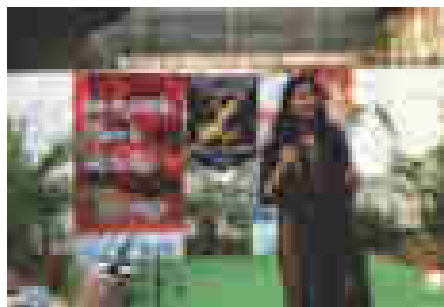
WELLBEING OF PATIENTS

Music Therapy

It is evident that patients with life limiting diseases like cancer face a myriad of challenges that has a direct negative impact on their physical, emotional and social wellbeing. Even their care givers are not spared from the emotional disruption and physical fatigue.

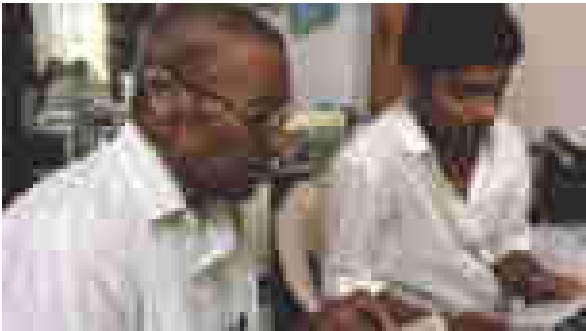
To assist with and ensure the emotional and social wellbeing of patients, our team of social workers takes active steps like organising small entertainment programmes like a music therapy, celebration of festivals and patients birthdays, etc. at the hospice.

- A DJ Night at Sparsh Hospice premises for our patients and their care givers was organised in the month of April 2018. DJ Goutham played some Telugu and Hindi songs as patients requested.
- Mrs. Shobha, along with a group of her students, from Sangeetha aradhana, visited Sparsh in Aug. 2018. They sang some Kritis and Slokas for the patients and their families – Music therapy. They also did a reiki healing session at Sparsh.
- Ms Aabha Purohit, a classical singer from Maharashtra visited Sparsh along with her parents. She also sang few classical songs for the patients to enjoy.
- Members of Rotary Saampradaya organised a musical evening in January 2019. Tollywood playback singers Mr. Sandeep and Mr. Aditya were invited to sing for patients and their families at Sparsh. Some patients also sang along with them.
- The Lioness Club of Hyd North – Lioness Dist. 320A organized a Carnatic Music program at Sparsh Hospice in February 2019. The Club members also donated 3 water dispensers for Sparsh patients, care givers and staff.



Spiritual Wellbeing

The importance of spiritual well-being among terminal patients is being increasingly recognised by doctors and mental-health professionals. Particularly, the terminally ill patients struggle with questions about their mortality, meaning and purpose of life. Many patients turn to religion for answers for these difficult questions and many find solace in spirituality. At Sparsh, we believe that spiritual well-being among patients will help strengthen their psychological functioning and adjustment to illness.



**Sparsh Social Worker Mr. Exhwaranna
Reading Lalitha Sahasranama Stotram
in Telugu with in-patient Mr. Narayana Chetty**

**Sparsh Volunteer Mrs. Neeraja
Singing Devotional Song for Patients**



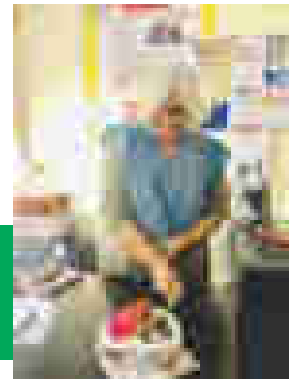
Emotional wellbeing of Caregivers :

Celebrating Birthdays of all caregivers, making them feel special on their special occasion.





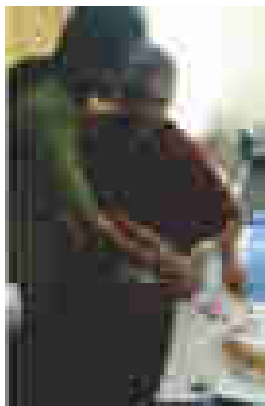
**Celebrating Head Nurse
Sister Anusha's Birthday**



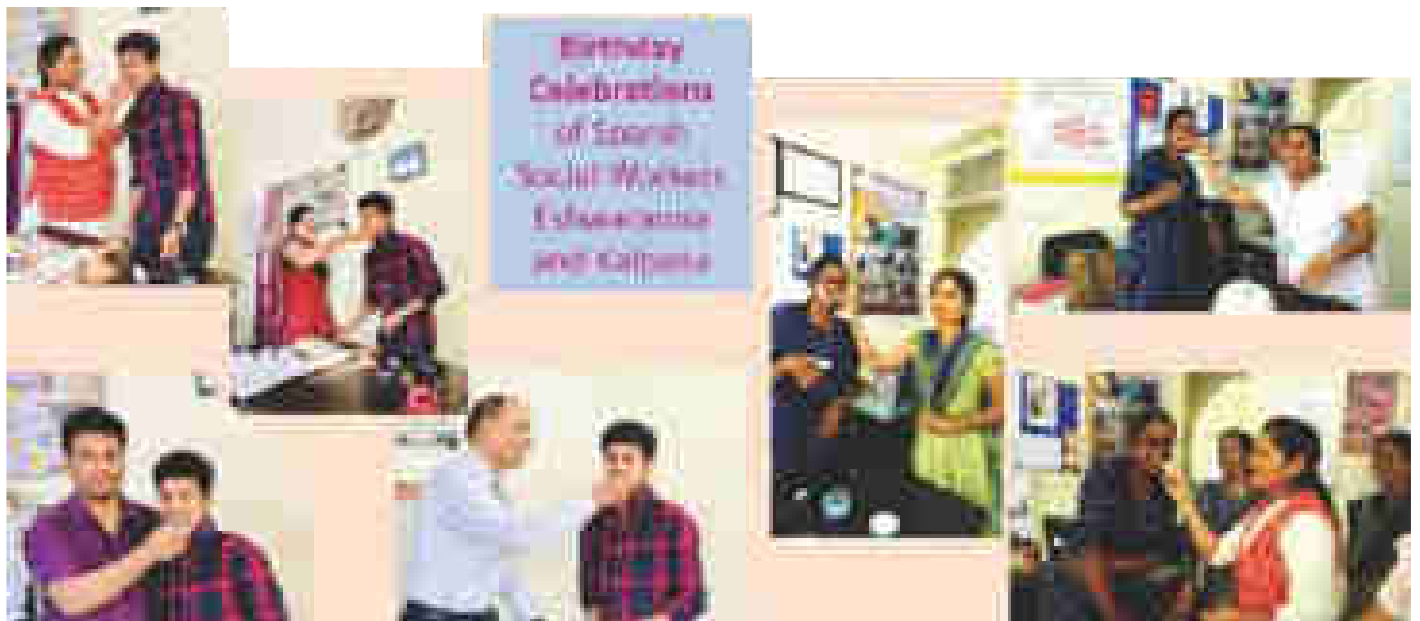
**Celebrating Counsellor
Mrs. Sarada's Birthday**



**Celebrating Sister
Narmada's Birthday**

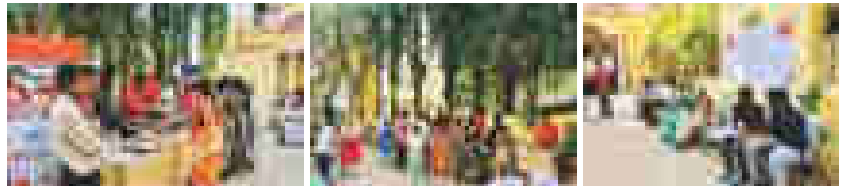


**Team from Robin Hood
Army came to celebrate
Robin Swathi's
Birthday with patients
at Sparsh. Ms. Swathi
also hosted lunch for all.**



Donors and Patients families Hosting lunch at Sparsh

Our neighbour and home-care patient Dr. Malhar Rao and family hosted a lunch for all in-patients and staff at Sparsh Hospice, in appreciation of the palliative care services received from Sparsh Team. We once again thank Dr. Malhar Rao and family for the sumptuous lunch. We also thank all the other donors and patients' families who hosted lunch on different occasions at Sparsh, in remembrance of and to celebrate the special days of their loved ones.



Dr. Malhar Rao & Mrs. Sukhada Rao

Family Caregivers and Hospice Staff Meeting

Family caregivers of hospice patients are responsible for day-to-day care of their loved ones during the final months/days of life. They are faced with numerous challenges – their frustration with patient care issues, emotional challenges, financial problems, and personal health concerns. The purpose of these meetings is to understand the challenges and share coping strategies the hospice family caregivers can use for patient care, selfcare and emotional support.



Yoga For Caregivers and Patients



Yoga therapy in palliative care is no different from yoga in general. It celebrates life because it is mindful of its impending end. Dying peacefully is the result of living peacefully. Yoga therapy is based on gentleness and compassion. It is about bringing peace of mind and acceptance through breath and movement. It aims to empower the patient and caregiver to accept and face the illness and death by holistic experience which has physical, mental, emotional, and spiritual dimensions.

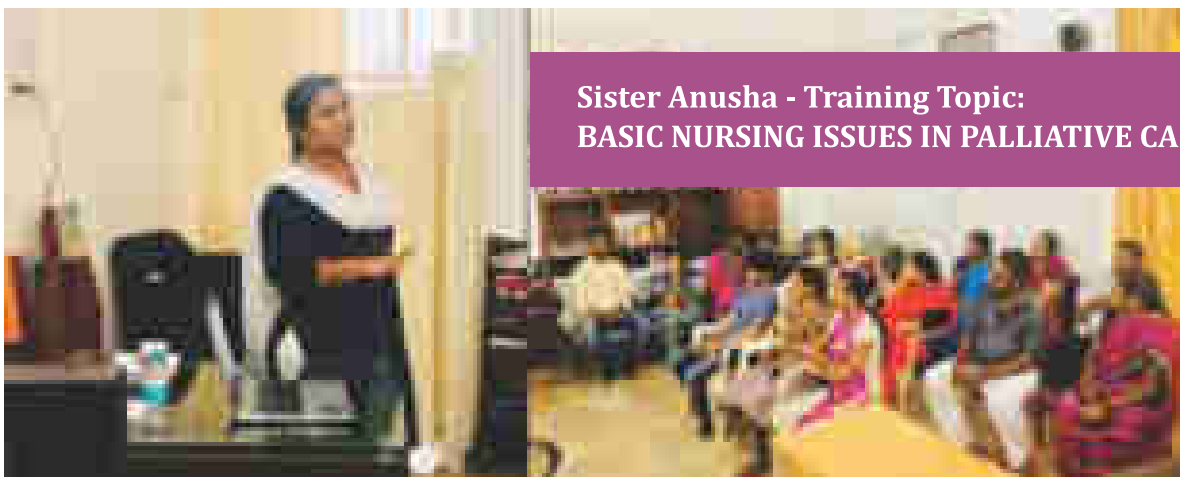
Financial Assistance for Patients' Family

Sparsh provides emotional support to the patients and their family. Sometimes the family needs financial and psychosocial support available in the community. Because of the generosity of many hospice supporters and contributors, including the Trust members and volunteers, Sparsh has been able to work since 2011 toward easing the financial burden which one's terminal illness can create for patients and their families. These grants have helped to pay for the school fees of their children, and more often, for the expenses of last rites of patients after their death. Our purpose is to support these families by relieving their distress and hardship.

STAFF TRAINING

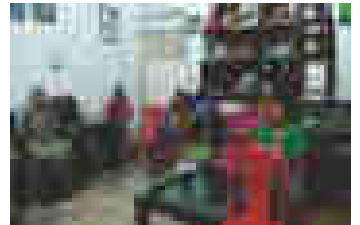
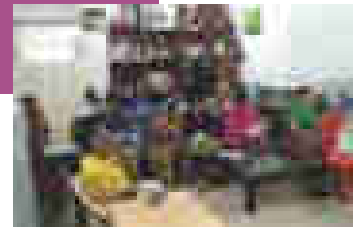
Sparsh encourages a culture of continual learning among employees and is dedicated to supporting the staff meet their personal education and career goals. All members are encouraged to join and attend training programmes relevant to their work. Training allows staff to acquire new skills, sharpen existing skills and gives opportunity to work with new information. It also helps to fill any skill gaps.

1. VOLUNTEERS AND SOCIAL WORKERS WORKSHOP TATA MEMORIAL HOSPITAL, MUMBAI Sparsh Counsellor Ms. Sarada Lingaraju attended the 10 days workshop at Mumbai in August 2018.
2. FELLOWSHIP IN PALLIATIVE CARE Dr. Anjaneyulu & Sister Anusha joined the fellowship one-year program, which started in August 2018, at the INSTITUTE OF PALLIATIVE MEDICINE, KOCHI
3. CERTIFICATE COURSE IN PAIN AND PALLIATIVE CARE NURSING A six weeks training programme, from 6th August to 15th September 2018, was conducted at the MNJ Institute of Oncology and Regional Cancer Center, Hyderabad. Two permanent nurses from Sparsh, Sister Monika and Sister M. Hadassa attended and completed the certificate course.
4. Knowledge Sharing : Knowledge sharing is essential to be successful, for increase in service quality, to be consistent and to become a learning organization. Sister Anusha and Sister Monika can be seen sharing the knowledge they gained in their formal training courses that they attended earlier in this quarter.



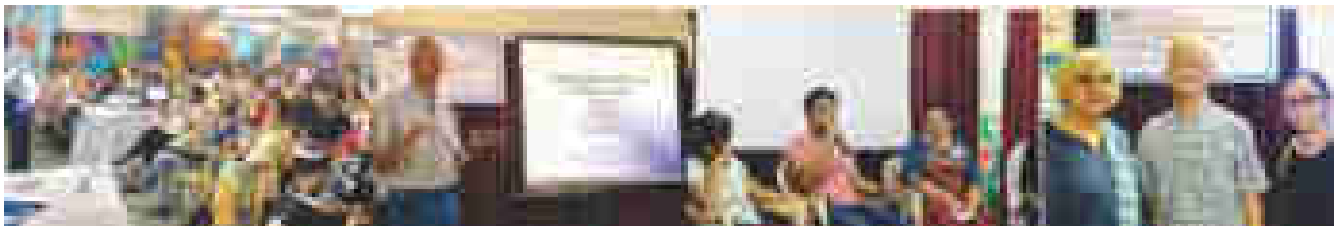


**Sister Monika Training Topics:
BED BOND PATIENT CARE**



Family systems and Psychosocial Palliative care

Sparsh Palliative Care Doctor and Counsellor attended the “Family Systems And Psychosocial Palliative Care” workshop facilitated by Prof. David Olivier (UK) at Tata memorial Hospital, Mumbai



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“Family Systems and Psychosocial Palliative Care”
Workshop facilitated by Prof. David Olivier (UK) at Tata Memorial Hospital, Mumbai**

Clinical Training courses

Sparsh Head Nurse Sister Anusha and Palliative Care Doctor Anjaneyulu making home care visit in Kozikode, Kerala, in pursuance their clinical training courses – National Fellowship in Palliative Nursing and National Fellowship in Palliative Medicine respectively.

Knowledge Sharing

The staff represents an organization’s true worth. Investing in knowledge sharing time can help boost employee engagement. Employees feel satisfied that they are helping others and are helping the organization on the whole.

Sister Hadassa presented on topic “Dyspnea”, Sister Lakshmi presented topic “Bio-medical waste management”, Sister Maheshwari presented topic “Nausea and Vomiting” and Sister Narmada presented topic “Wound Care Management”

Attending Workshops

Sparsh Palliative Care doctor Dr. Anjaneyulu and Social Worker Eshwaranna attended Workshops at Kumudini Devi Hospice, Kukatpally, Hyderabad. Topics covered are as below:

- 23rd January 2019: Counselling about Fluids and Feeding when nearing End of Life.
- 27th January 2019: Serious Illness Conversation Guide.
- 29th January 2019: Pediatric-Serious illness conversation guide.

SPECIAL EVENTS

International Nurses Day

Team SPARSH celebrated the International Nurses Day on 12th May 2018 to recognise and appreciate the good work done by all our nurses. There was cake cutting and presents distributed to all nurses. All our nurses work hard and are very compassionate and totally committed towards their service to all patients. Presently we have 9 nurses, including one male nurse.

World Yoga Day

Celebrated World Yoga Day on 21st June 2018 at Sparsh Hospice in association with Heartfulness Institute. Conducted a yoga session for all patients and their family care givers. All took active part in Pranayama and simple exercises for general wellness.

Cycling for Sparsh

Sparsh Hospice is being supported by 26 years old Sanjay Yadav who works at XILINX, Hyderabad.

Sanjay has participated in the Randonneuring events and has completed his Cycle ride on 15th Sept 2018 in Vijayawada. He covered a distance of 300 km by cycling for 16 hours 19 minutes and also completed his 600 km ride across 11 districts of Telangana in 39 hours 05 minutes.

He is going to keep on cycling in the future too to raise funds for cancer patients.



AIRTEL HYDERABAD MARATHON

Dr. Gopal Ramaraju, Marathon runner in support of Sparsh, can be seen at the Sports Expo along with our Trust President Mr. Mallikarjun, Trust Secretary Mr. Prabhakar, and Sparsh CEO Mr. Ram Mohan Rao.



World Hospice and Palliative Care Day

Mrs. Shanti Kumari, Principal Secretary, Health, Medical & Family Welfare, and Secretary CM's Office, Govt of Telangana was invited as the Chief Guest of the Day and Dr. Shashikala, Principal of Osmania Medical College was the Guest of Honor. All donors and patients along with their families and friends were invited to the World Hospice and Palliative Care Day programme hosted at Sparsh Hospice on 13th October 2018. All Trustees and several Rotary Club members also attended the programme. The purpose of this programme was to raise awareness and understanding of the needs of people living with a life-limiting illness and their families. Several regional Newspapers covered the event.



World Cancer Day

World Cancer Day is an international day marked on February 4 to raise awareness of cancer and to encourage its prevention, detection, and treatment. Cancer awareness talk was given by Dr Rohini, Medical officer at Sparsh and Dr. Anjaneyulu, our Palliative Care Doctor. Patients' family care givers also shared some of their cancer related experiences on this occasion. Sparsh staff, patients' family members and volunteers attended the programme along with few Rotary Club members.



CELEBRATING FESTIVALS

Ganesh Chaturthi



Independence Day



Bathukamma & Diwali



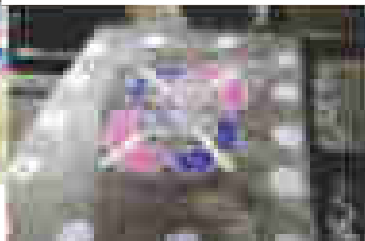
Christmas



New Year



Bhogi & Sankranti



Republic Day



CERTIFICATES AND AWARDS

Sevaa Dharmik Award

Sevaa Dharmik Award 2018: Sparsh Hospice has been awarded the Sevaa Dharmik Award by the Latha Raja Foundation on 8th October 2018 - "Felicitation for Selfless Service" to humanity. In the picture here can be seen our CEO, Trust President and Founder Trustee receiving the award from the Founder of Latha Raja Foundation, Visakhapatnam. Video available here: <https://youtu.be/44YplH9eFgk>



GuideStar India Platinum Certificate

We have been awarded the prestigious "GuideStar India Platinum Certificate" award for the fourth consecutive year in October 2018. We continue to be one among India's largest pool of credible NGOs who undergo a rigorous due diligence process to receive this certificate. GuideStar India's Platinum Certificate is the Champion Level Certification indicating that comprehensive transparency, accountability and good governance procedures are adopted by our organisation having exemplary level of public disclosure.



OUR ESTEEMED VOLUNTEERS

Painting Compound Walls

We do not claim everyday but it is true that Sparsh Hospice has the best volunteers in town. Dr. Rohini Reganti, Ms. Padma Pamulaparthi, Ms. Pallavi Madhira and several others are our long term Sparsh volunteers who assist us with medical and office administration, counselling patients and their families, visiting home care patients to care for them and much more.

In the picture here artist Ms. Ridhima can be seen painting the Sparsh Hospice compound wall. She came along with a group of 4 students who volunteered their services to Sparsh.

Wages in the form of love, perks in the form of hopes and promotions in the forms of blessings – this is your reward for volunteering with all your heart

At Sparsh, maximum care and comfort is provided to terminal cancer patients where we aim to minimize suffering and maximize patients' pain-free time. We also aim to provide aesthetically pleasing surroundings, with home-like environment for patients' emotional comfort.

Donation of plants

Dr. MBR Kameshwar Rao from Vaaradhi Foundation visited Sparsh in August 2018 along with his team. They donated 24 pots of herbal plants like Tulasi, lemon etc. for creating a healthful and pleasing environment at our hospice. They also gifted hand-made camphor bags to hang in the patients' rooms to absorb unpleasant scents from wounds and medicines.

Donation of Paintings

Mrs. Usha Annamraju and Mrs. Rama Devi donated a few paintings to Sparsh in August 2018, to add aesthetic value to the premises and to provide a visual treat to patients. Mrs. Usha is a renowned, self-taught artist who has won several awards for her paintings. Both Mrs. Usha and Mrs. Rama Devi are Sparsh Volunteers.



In-kind donations

Several donors are happy to make in-kind donations to help Team Sparsh in providing best care services to patients. We accept in-kind donations on need basis and usefulness of items being gifted for patients' use, and are grateful for same.



Team AMPL (Automotive Manufacturers Pvt. Ltd.) Presented Groceries & Housekeeping Material to Sparsh. - August 2018

Donating Wheel Chairs

Mr. Raj Thirumalai donated a recliner wheelchair in September 2018, for patients who are uncomfortable using regular wheelchair due to their wounds and medical condition. The recliner wheelchair provides better comfort to patients suffering from back pains and bloated stomach due to liquid retention.

MEDIA COVERAGE







Sethu + Telangana
Regional Newspaper
12th October 2018



Mana Telangana
Regional Newspaper
20th October 2018

ACKNOWLEDGEMENTS

WE THANK ALL OUR DONORS – INDIVIDUALS,
FOUNDATIONS AND CORPORATIONS WHO HAVE
CONTRIBUTED TO OUR CORPUS, MADE GENERAL
DONATIONS AND SPECIFIC GRANTS TO SPARSH AND
SUPPORTED OUR EVENTS AND OTHER INITIATIVES
THROUGH THE YEAR.



sparsh hospice
a serene and dignified departure

Sparsh Hospice – Centre for Palliative Care

An initiative of Rotary Club of Banjara Hills

Plot No. 85, (8-2-703/2/1), Road No. 12,
Banjara Hills, Hyderabad – 500 034,
Telangana, India.

Phone: +91 40 2338 4039/40

Email: info@sparshhospice.org

www.sparshhospice.org

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Sparsh Palliative Care Services

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Donate online at:

<http://sparshhospice.org/donation-form.php>

Trustee: Lax Gopisetty

41596 Bostonian Pl, Aldie, VA 20105

Email: lax_gopisetty@gmail.com

Cell: 1-571-888-6010

