



# Sparsh Hospice

## QUARTERLY REPORT JULY - SEPTEMBER 2022



# Sparsh Nite '22

## Fundraiser for a cause

Sparsh Hospice organised its annual Fundraising night 'Sparsh Nite' on August 26th in presence of renowned celebrities, personalities, volunteers, donors.

The fundraising event featured a comedy theatrical musical 'Blame It On Yashraj' which is a Bollywood musical comedy talking about an Indian family caught in the whirlwind of a wedding.

The proceeds from the event will be utilised to provide free palliative care facilities to terminally ill patients.






“


**Sri Somesh Kumar, Hon'ble Chief Secretary,  
Government of Telangana**


I have known Sparsh from several years and the fundraising for any organisation is very essential. I congratulate the Trustees and Rotarians on organising such kind of event where one can reach multiple communities.  
Congratulations!




 Sparsh Nite 16w

Thanks for supporting Sparsh.  
@mirzasaniar

 mirzasaniar



Sparsh Hospice is organising its annual fund raising night in Hyderabad #SparshNite on August 26 @Shilpakala Vedika This event will feature a comedy play #BlameItOnYashraj This Blockbuster Musical Play is an entertainer for the full family. Book your tickets now & attend most hilarious wedding in Bollywood style!



 Sparsh hospice is a charitable hospice that looks after terminally ill cancer patients. To date they've looked after more than 5000 patients completely free of cost.

*Let's do our bit by supporting them on this beautiful endeavour!*



Sparsh Hospice is organising its annual fund raising night in Hyderabad #SparshNite on August 26 @Shilpakala Vedika This event will feature a comedy play #BlameItOnYashraj This Blockbuster Musical Play is an entertainer for the full family. Book your tickets now & attend most hilarious wedding in Bollywood style!

 @sparshhospice





# TABLE OF CONTENT

Board of Trustees	01
Trustee's Desk	02
Centre Head's Desk	03
Medical Director's Desk	03
Introduction	04
Overview	
Vision, Mission, Goals	
Background	
Sustainable Development Goals	
Why Palliative Care?	
Telangana & Burden of SHS	
Current Scenario	
Quarter Highlights	06
In-patient services	08
Story 1: Finding Solace	
Home-care services	10
Story 2: Sidesh's Story, Sidesh's Legacy	
Out-patient services	12
Story 3: Empowering families	
Training & Workshop	14
Awareness & Advocacy	15
Community Participation	16
Testimonials	17
Sparsh Gallery	18



# BOARD OF TRUSTEES



Mr. M. Suresh Reddy  
Long-Term Trustee  
Managing Director, Pride Motors



Dr. M. Subrahmanyam  
Long-Term Trustee,  
HoD - Anaesthesia, Rainbow Hospitals



Mr. Jagadish Ramadugu  
Treasurer & Long-Term Trustee,  
MD & CEO, Pragati Finserv



Mr. Prabhakar Dhulipudi  
President & Trustee,  
CEO & Founder, GS Property



Mr. G. Vaasudevan  
Secretary & Trustee  
National Business Manager, Equitas Bank



Dr. M. Pranathi Reddy  
Trustee, Clinical Director,  
Rainbow Hospital for Women & Children



Durga Prasad Madasu  
Trustee,  
ED, Corpore BPO (A Natsoft Company)



Mr. T. Vijaypal Reddy  
Trustee, Secretary & Correspondent,  
St. Peter's Engineering College



# TRUSTEE'S DESK

## Reaches milestone of 6,000 beneficiaries



Prabhakar Dhulipudi  
President & Trustee  
Sparsh Hospice

The quarter under review is another significant one in the history of Rotary Club of Banjara Hills Charitable Trust, as its brainchild project - Sparsh Hospice - has crossed the milestone of supporting **6,000 terminally-ill patients**. The brainchild project of the club is a one-of-its kind initiative and has been creating long-term impact in terms of alleviating pain, fighting serious illness.

On behalf of Sparsh Hospice and Rotary Club of Banjara Hills, I would like to extend my deepest gratitude for the unwavering support of the Governing Board, fellow Rotarians, fellow Board members and the Sparsh team. The project has gained accolades not only at a national level but also by being recognised internationally.

Currently 50 beds are operational and monthly average expenses is Rs 40 lakhs.

I would like to thank all patrons from corporates, educational institutions, fellow Rotarians and kind individuals for extending their support. Now we are focusing on continuing the 'signature care' of Sparsh for paediatric patients and by next quarter we will inaugurate the dedicated ward.

It is my sincere appeal to the worldwide Rotary family to invest in our cause and participate in easing the suffering of many.

Finally, I would like to extend my sincere gratitude to the Sparsh team, who work around the clock on the frontlines every single day to ensure comfort and care to our patients and their families. It is only through your effort that we stand proudly today.

Best Wishes!

# CENTRE HEAD'S DESK

## Caring of people with life-limiting illness



Shashidhar K  
Centre Head  
Sparsh Hospice

We are inching closer to last quarter of the year with many new beneficiaries, new partnerships and as well as new learning. This September Sparsh completed **11 years of service** - (2011-2022) and entered its second decade of service with renewed strength as we prepare to scale up services in the coming quarter. Currently 50 inpatient beds are operational, including one day-care ward, six home-care vans delivering care at doorstep of the patients.

Currently we are reaching **400-450 terminally-ill patients** on any given day, thereby increasing their quality of life. I take this opportunity to thank new donors Jayabheri Properties, Pride Motors, Shantha Vasantha Trust, Sai Priya Constructions, Mr. Venkaiah Choudary Nannapaneni (NATCO Pharma) for supporting the project and thereby creating long-term social impact. My sincere gratitude to Board members, Rotary Banjara Hills members and staff for their compassion & dedication towards the project.

# MEDICAL DIRECTOR'S DESK

## Respecting people, and their choices



Dr. Vivekanandam  
Medical Director  
Sparsh Hospice

Death with dignity is everyone's right & essential even at the last events of life. Health system strengthening is key and must to achieve Universal Health Coverage considering factors specific to family members, loved ones and communities.

At Sparsh the care team aims to alleviate the pain of suffering and reducing the family's burden in whatever way we can. Team of doctor, social workers, counsellors, nurses and paramedical staff work round the clock to extend holistic care.

Sparsh Medical Board oversee care quality; set care related strategic direction; establish ethical standards, values, and compliance. Our medical board consisting of Dr. P. Gopal (Chairperson), Dr. Rohini Reganti, Dr. M. Subrahmanyam, Dr. Phani Sree S & Dr. Anita Patibandla.

# INTRODUCTION

Sparsh Hospice - Centre for Palliative Care is a standalone palliative care centre for terminally ill, which is an initiative of the Rotary Club of Banjara Hills (District RI 3150) under a separately constituted Trust named as Rotary Club of Banjara Hills Charitable Trust.

The centre provides free palliative care services through in-patient facilities, home-care services & out-patient services.



## Background

According to the World Health Organisation (WHO), palliative care is a crucial part of integrated, people-centred health services. Relieving serious health-related suffering (SHS), be it physical, psychological, social, or spiritual is a global ethical responsibility.

In the case of Telangana with a population of 3.5 crore, recorded around 79 thousand deaths in 2019.

Of all the deaths, 70% died due to SHS. Worldwide the burden is enormous, which calls for immediate action.

## Sustainable Development Goals

Sustainable Development Goals (SDGs) were adopted by all United Nations Member States in 2015 to create a more equitable world ensuring that no one is left behind. Sparsh Hospice is working to achieve

- Goal 3 (Good health & well-being)
- Goal 10 (Reduced inequalities)
- Goal 17 (Partnerships for the goals).



### VISION

To provide exceptional palliative care services, free of cost, to terminally ill patients hailing from all sections of the society



### MISSION

To render differential palliative care service to add value and provide comfort in the end-of-life days of terminally ill patients



### GOALS

To encourage, facilitate and spread awareness about palliative care through educating, training, extending services & research.





## What is palliative care?

According to World Health Organisation (WHO), palliative care is a crucial part of integrated, people-centred health services. Relieving serious health-related suffering, be it physical, psychological, social, or spiritual is a global ethical responsibility.

In case of Telangana with a population of 3.5 crore, recorded around 79 thousand deaths in 2019. Of all the deaths, 70% died due to SHS. Worldwide the burden is enormous, which calls for immediate action.

## Current Scenario

**2%**

Less than 2% of India's 1.2 billion people have access to palliative care.

Lack of basic social security increases the financial devastation of the family at the time of illness.

**78%**

**59th**

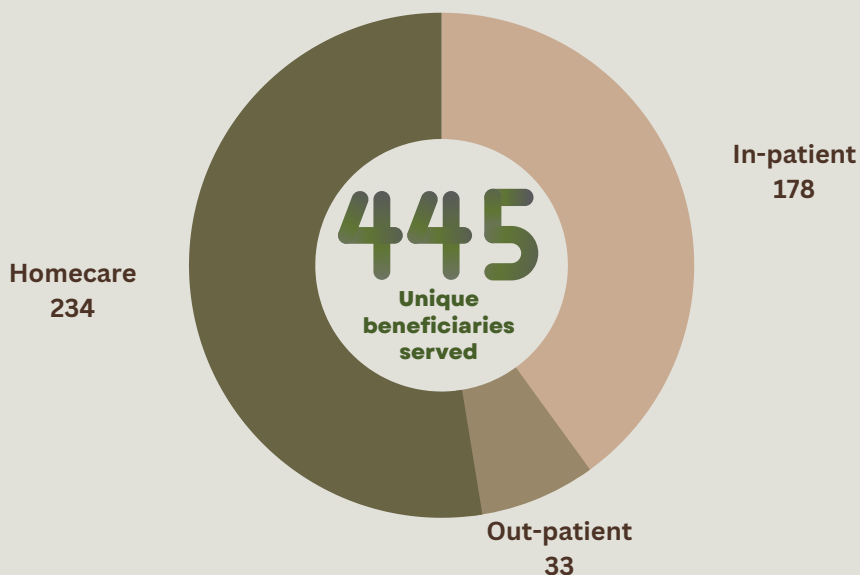
India ranks 59th place in 2021 on quality of death and dying.

Western countries, unlike India, have a care system that takes care of people with life-threatening conditions, and provides physical, social, psychological & spiritual support in the home setting. However, India does not have similar facilities for patients with SHS. Therefore, Sparsh is trying to fill this gap by providing services through in-patient, out-patient & home-care mode.

India has a grim situation in terms of chronic or life-limiting conditions as 1 in 5 suicides are by persons living with an advanced, chronic, or life-limiting condition.



# QUARTER HIGHLIGHTS



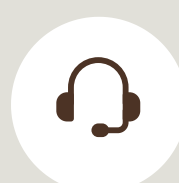
This quarter our beneficiaries reach increased by **25%**.



**2,011**  
Home visits



**2,200+**  
Homecare follow up calls



**360+**  
Out-patient follow up calls



**150+**  
Hours of palliative care training



**500+**  
Kgs of dry ration support to families



**54**  
Medical equipment distributed



**200+**  
Hours of volunteering contribution



**445**  
Caregivers trained



**2,000+**  
Indirect beneficiaries



# అంతిమ దశలో

## ఆధునిక హాంగులతో అద్భుత సేవలు

- చివరి నిమిషం వరకూ ఉత్తాసంగా ఉంచేందుకు తపన
- దశాబ్ద కాలంగా ఉచిత పాలియేటివ్ కేర్

సాక్షి హైదరాబాద్: తీవ్రవ్యాధులతో కాపుటకు ముద్దు ఉన్న నిరుపేద రోగుల పట్ల సమాజమూ నిర్ణయంగానే ప్రవర్తిస్తుంటుంది. ఈ పరిస్థితిని గమనించి ఈ ప్రత్యేక సేవల్ని ప్రారంభించామంటున్నారూ స్వర్ణ నిర్మాణాలు. రోటరీ క్లబ్ బంజారాహిల్స్ కాట నిర్వహిస్తున్న ఈ వ్యవస్థ 'సేవ... ప్రభుత్వం, దాతల సహకారంతో ఎప్పుడోపుడు ఆత్మాధునిక హాంగులతో రోగులకు అమృత సేవలందిస్తోంది. మరణిని కొత్త సేవలతో ఇటీవలి కొత్త ప్రాంగణంలోకి మారింది. ఈ సందర్భంగా స్వర్ణ ప్రస్థాని దా.సుబ్రహ్మణ్యం, ఎన్.సురేష్ రెడ్డి, రోటరీ క్లబ్ బంజారాహిల్స్ ప్రెసిడెంట్ ప్రభాకర్, సెంటర్ హెడ్ శివధర్మ సాక్షిలో ప్రత్యేకంగా సంబాధించారు. ఆ సేవల వివరాలు వారి మాటల్లోనే.

**'చికిత్స కన్నా చిరునవ్వులే మున్ను...'**  
అనుమత్రుల్ని మెడికల్ కేర్ ఎక్స్ ప్లైం ఉంటుంది. అయితే

# ఆత్మీయ 'స్వర్ణ'

అంతర్వ్యక్త ఏ బాధా లేకుండా ప్రకాంతంగా నిష్క్రమించాలనేది ప్రతి మనిషి ఆశ. కానీ చావు పుట్టుకల మధ్యలో పుట్టుకొన్నప్పుడు రోగాలు మరణానికి ముందే సరదాన్ని చూపేమొకటన్నాయి. అలా కాకుండా... చివరి దశలో ఉన్న రోగుల ముఖాలకు చిరునవ్వులు అద్భుతమే సగరంలోని స్వర్ణ హోస్పిటల్. దశాబ్దకాలంగా ఉచిత పాలియేటివ్ కేర్ (చివరి రోజుల్లో ఉన్న మనిషి అందించే సేవ)కు చిరునామాగా నిలుస్తోంది.



డి.మహాలక్ష్మి సేవలు అందిస్తున్న...

అవసరం దశలో ఉన్న రోగుల కోసమే స్వర్ణ ఏర్పాడింది కాబట్టి... ఇక్కడ మెడికల్ కేర్ 25 కాలేజీల మాత్రమే. రోగులకు మానసిక, సాంఘిక, ఆధ్యాత్మికమైన అలంబన అందుతుంది. నెలకు 50 నుంచి 100 మంది అప్పటికే పెంపట్న వస్తుంటారు. ఇక్కడ 82 బెడ్స్ ఉన్నాయి. మహాలక్ష్మి, పురుషులకు వేర్వేరు విభాగాలున్నాయి.



తీర్థులు ప్రభాకర్, సుబ్రహ్మణ్యం, సురేష్ రెడ్డి

రోగులకు ఆస్తాదాన్ని పంపించుకు వచ్చిన, చెట్టు పెంతుకున్నా, పిల్లల కోసం మరొక వార్డ్ నిర్వహిస్తున్నారని. వాళ్ళ ఆటవాటలకోసం స్టే ఏరియానూ ఏర్పాటు చేస్తున్నారని. రోగులకు సహాయంగా మరొకరు ఉండేందుకు ఉచిత వసతి అందిస్తోంది. చివరిరోజుల్లో ఉన్నవారు ఏదైనా ప్రత్యేకంగా తీసుకువచ్చే వంటి వర్తించేందుకు

## చిరునవ్వు నడిపిస్తోంది..

స్వర్ణ నిర్వహణలో ఎన్నో వ్యయ ప్రయాసలున్నా రోగుల ముఖాల్లోని చిరునవ్వు అన్నింటినీ మరచిపోయింది. ముఖాల్లో నడిపిస్తోంది. నెలకు రూ.40ల క్రింద వ్యయమవుతుంది. ఎన్.పి.ఐ. పలు కార్యక్రమాలకు సుందరి, వ్యక్తుల సుందరి విరాళాలు అందుతున్నాయి. ప్రాంగణంలోని కొంత భాగాన్ని ప్రభుత్వ ఆసుపత్రితో అడ్డంకివ్వడం వల్ల కొంత ఆదాయం వస్తోంది. ఏడాది ఫండ్ రైజింగ్ ప్రోగ్రామ్స్ నిర్వహిస్తున్నారు.

వంటగది ఏర్పాటు చేశాం. మిగిలిన ఇంది. నీనిమా స్ట్రీటింగ్. వంటగ. పుట్టినరోజు వేడుకలు. సాంస్కృతిక ప్రదర్శనలను విశాలమైన యాంపి టియూల్లో నిర్వహిస్తాం. చివరినిమిషం వరకూ ఉత్తాసంగా ఉండేందుకే ఈ తపన. ఆత్మాధునిక వసతులతో చూడతే ఉంది. ఆంధ్ర సంగీతం సాంస్కృతిక సహకారమందిస్తోంది. ఇంట్లో ముఖ్యమైన వ్యక్తి మరణిస్తే, ఆ కుటుంబానికి అందగా నిలబడతాం.

**హోమ్ విజిట్స్ కోసం వ్యాప్తి**  
అంతిమ మదియల్ని అయినవారి మచ్చే గడపాలనుకునే రోగుల ఇళ్లకు వెళ్లి హోమ్ కేర్ కోసం 6 వ్యాప్తి ఏర్పాటు చేశాం. రోగిని తీసుకురావేని పరిస్థితి ఉంటే మనవాళ్ళ వెళతారు. ప్రతి వ్యాప్తి నర్స్, సోషల్ వర్కర్, ఫిజిషియన్, ఆన్ స్పెషిల్ ఉంటారు. ఈ వ్యాప్తితో గత నెల 696 విజిట్స్ జరిగాయి. రోగి పరిస్థితిని బట్టి వారానికి ఒక్కసారి, రెండుసార్లు వారి ఇంటికి వెళ్లి చూస్తాం. ఒక్కో రోగి దగ్గర పావుగంట నుంచి రెండు. మూడు గంటల వరకూ ఉంటారు. సగరం నుంచి 80కి.మీ. పరిధిలో ఉంటుంది 9 నుంచి సాయంత్రం 5.30గంటల వరకు సేవలుంటాయి.

సాక్షి Fri, 19 August 2022  
<https://epaper.sakshi.com/c/69771318>

## 'SPARSH NITE' TO RAISE FUNDS ON AUGUST 26

DC CORRESPONDENT  
HYDERABAD, AUG. 21

The city-based palliative care facility, Sparsh Hospice, said it was organising its annual fundraising event, 'Sparsh Nite', at Shilpakala Vedika in Madhapur at 7.30 pm on August 26.

The event will feature a comedy play 'Blame it on Yashraj', a Bollywood musical comedy of a family caught in the whirlwind of a wedding. Minister K.T. Rama Rao unveiled the poster of the play on Saturday. Tickets for the same can be booked online.

'Blame it on Yashraj' deals with a Punjabi-Bengali family, that gets caught up in a wedding when their daughter decides to marry a boy from another community. The play has been written and directed by Bharat Dabholkar.

Proceeds from the event will be utilised to provide free palliative care to terminally ill patients. Sparsh Hospice said it had provided free palliative care to over 5,000 patients.

## హెల్త్ క్యాంపులను సద్వినియోగం చేసుకోవాలి

హెల్త్ క్యాంపులు, జూలై 5 (ప్రభుత్వం): గ్రామీణ ప్రాంత ప్రజలు గ్రామంలో ఏర్పాటు చేస్తున్న హెల్త్ క్యాంపులను సద్వినియోగం చేసుకోవాలని రాష్ట్ర ప్రజాశాసనసభకు ఉపాధ్యక్షులు, కరీంనగర్ మాజీ ఎంపీ బోయినిపల్లి విశ్వేశ్వర్ కుమార్ అన్నారు. మంగళవారం హుస్సాబాద్ మండలం పాట్లపల్లి గ్రామంలో స్వర్ణ హోస్పిటల్ అధ్యక్షులతో ఏర్పాటు చేసిన హెల్త్ క్యాంపును హుస్సాబాద్ ఎమ్మెల్యే బి.కె. తల సతీశ్ కుమార్, ప్రజాప్రతినిధుల బృందంతో

కలిసి పరిశీలించారు. ఈ సందర్భంగా ఆయన మాట్లాడుతూ గ్రామీణ ప్రాంతాల్లో ప్రజలు, వృద్ధులు అనారోగ్య సమస్యలతో సతమతమవుతున్నారని వారి కోసం పలు ప్రైవేటు ఆసుపత్రులు ఉచిత వైద్యాన్ని అందించేందుకు వ్యవస్థలను ముందుకురావడం సంతోషకరమన్నారు. ఈ కార్యక్రమంలో జడ్పీ కెస్సెస్ బైరట్ రాంబుద్ది రాజారెడ్డి, హుస్సాబాద్ ఎంపీల కావత్ మానస, మున్సిపల్ కౌన్సిల్ చర్ల శ్రీధర్ రెడ్డి, పాట్లపల్లి సర్పంచ్ దేవసాని



హెల్త్ క్యాంపులో మాట్లాడుతున్న మాజీ ఎంపీ బి.కె. తల సతీశ్ కుమార్

నుకీల రాజరెడ్డి, టీఆర్ఎస్ పార్టీ వైద్యులు, పలువురు ప్రజాప్రతినిధులు, మండలాధ్యక్షులు వంగ వెంకటాచార్య, గ్రామస్థులు కలిగియున్నాయి.



Home About Projects Newsletter Updates Careers Contact

## Sparsh Hospice, Hyderabad, celebrates 11 years of alleviating pain



It is heartening to share that on Thursday, 15<sup>th</sup> September, 2022, Sparsh Hospice, Hyderabad, celebrated 11 years of alleviating pain and rendering palliative care to its patients and caregivers.

To commemorate the occasion, Team Sparsh Hospice, pledged to re-dedicate themselves to expand the reach of their services and serve more people. The team also celebrated the occasion by acknowledging the dedication and hard work of their staff and thanked them for their selfless contribution.

The standalone hospice renders free palliative care through their in-patient, home-care and out-patient services. Sparsh began its journey in September 2011, with the vision to alleviate the pain and suffering of those suffering from serious health-related issues. Over the years, the hospice has grown from a 12 bedded facility to an 82 bedded state-of-art facility in Hyderabad, with 6 home care vans to care for patients in and around Hyderabad and with a soon to be inaugurated dedicated paediatric ward. They also provide care through video consultations for patients in rural areas.

The hospice has served an approx. 5,500 families and is one of the first facilities in united Andhra Pradesh. The center also partners with various stakeholders such as the Government of Andhra Pradesh, the Association of



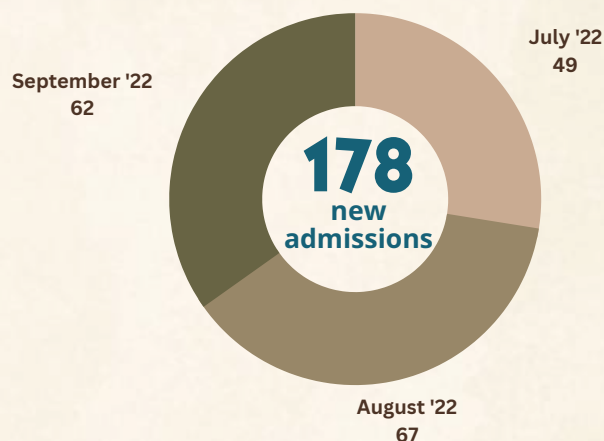


## IN-PATIENT SERVICES

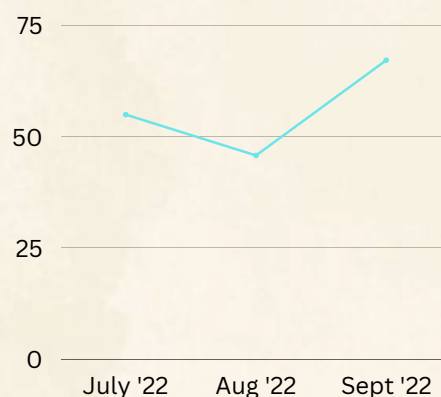
As palliative care workers catering to patients with serious health-related suffering, this means that we take holistic care of the person and their caregivers. Medical, psychological and spiritual counselling, pain and symptom management, conflict management, and mobilizing social support for needy families, are just some of the things we do.

Our 82-bedded hospice facility is fully functional and inauguration of dedicated paediatric ward is scheduled on October 8, 2022.

### New admissions



### Occupancy Trend



# STORY 1:

## Who cares? We do!



Rana Daggubati, Indian celebrity, during a conversation with our beneficiary at Sparsh.

When \*Navneet (name changed) passed away at Sparsh, he carried away all his dreams of becoming an engineer, having manufacturing unit, going on vacation trips, giving good life to his mother & family and what not a young person would seek from life. The story went in other direction and it went like this.

He was only 19 when he came to Sparsh due to fourth-stage osteosarcoma (type of bone cancer) and later spread to lungs.

Prathyusha, his counsellor, remembers that he was in great despair when he came to Sparsh as he can not live any of his dreams. "My mother has struggled a lot in raising me and brothers. I wanted her to quit her daily wage job. But here I am." said \*Navneet. She also says that he was big fan of Indian cinema, where he used to praise and love Telugu actors.

It so happened that Sparsh new paediatric ward was inaugurated by Rana Daggubati, Indian celebrity, and his young fan was waiting in wards to have his glimpse. Navneet was happy that his wish to meet the Baahubali actor was fulfilled.

The other day he got discharge with a happy face but he came after some days with increased pain and symptoms.

After a month he passed away at Sparsh beside his eldest brother leaving his memories and wish of having his photo installed at Sparsh facility. We have got the above photo framed will be installed soon in the facility.





## HOME-CARE SERVICES

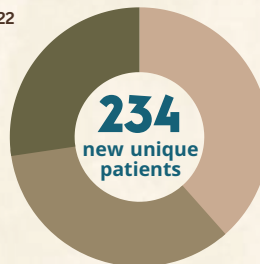
Home is where one feels connected and comfortable. During the process of dying one always prefers to be surrounded by loved ones to bid adieu in peace.

With the same philosophy Sparsh has started home-care services in 2016, and currently we are reaching around 80 new patients on monthly basis through a fleet of 6 home-care vans. This quarter due to SBI-Foundation support we were able to increase our home care patients base and serve more people. **We thank you**

**SBI Foundation for the support.**

### New beneficiaries

September '22  
64



August '22  
80

**50,000+**  
km approx. of  
distance  
travelled



### Total home visits

July '22  
90

September '22  
665

July '22  
678



August '22  
668

**1,500+**  
Home-care  
Follow Up  
Calls





## STORY 2: Making healthcare more human



Sparsh MPHW is doing more than 150 visits for patient personal care at their doorstep.

Imagine, a person lying to a bed for years depending on others to feed you, change diapers, give bath, oral care and others. It gives not only physical distress but also create a spiritual and psychological issues to person and their loved ones.

With the objective that everyone has the right to live with dignity Sparsh with the support of **State Bank of India Foundation** has intervened in making the healthcare more humane by starting full-fledged Multipurpose Worker-led Home Services (MPHW) where trained staff visit to patients providing personal care.

The team gives sponge bath, nail care, oral care, personal hygiene care and others. This continued need-based service for the homebound patients meets the need during the time of life when they are most vulnerable.

The van in this quarter has crossed 500 visits to patients home extending patient personal care.

Mr. Bhupal Keligi, a caregiver of our beneficiary writes a review on Google saying "The patient personal care team are outstanding in their commitment, quality of service and I appreciate their courteous approach towards the patient and their family members...."

The support from SBI Foundation has strengthened the palliative care at home.

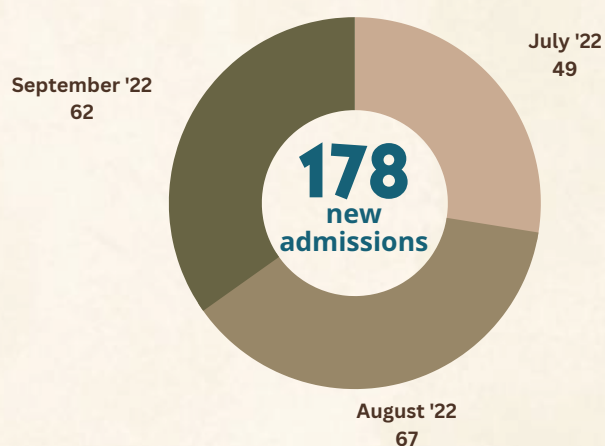


## OUT-PATIENT SERVICES

Out-patient (OP) consultations can often be a neglected area in palliative care. Sparsh Hospice is committed to providing high-quality care to our service-users who choose to come in periodically for pain management, wound dressings, counselling, and to share a sense of community at the hospice.

At the new centre a separate space has been specifically allocated for caring of out-patient cases, in addition follow up calls and video consultations are done at the convenience of the patient and the family.

### New beneficiaries





## STORY 3:

# Be it living or dying, quality matters



\*Mastanamma's home at Somaram village in Karimnagar district, which is 100 km east to Hyderabad.

*Narrated mostly from the point of view of Ms. Anusha Cheekati, Head Nurse.*

\*Mastanamma has been referred to Sparsh by an old beneficiary family member. She was 100km away from us alone and lonely under a shabby roof. She is 63 year old being taken care by school staff where she used to work as a cleaner.

She has family members but no one took responsibility of her and she has bore the scars of hard life where everyday is a struggle.

She was diagnosed by cervical cancer in early 2021 but even after several chemos it was not possible to treat her. Anusha Cheekati, Head Nurse, remembers when she first visited the facility as an out-patient to get screened for palliative medicine and reducing of pain. She was accompanied by her colleague in school and we were surprised to know that school took care of her before and after cancer diagnosis. Her family didn't own the responsibility. She was not only in physical pain but also psychological.

Our team tried reaching out to family to make them understand the situation and need of the hour to take care of her mother. But of no use, after long and regular intervention family started getting on video call and shifter her mother to them at their home. Still \*Mastanamma is our OP beneficiary and her family member comes to collect the medicines.



# Training & Workshop

Our regular meetings, review hours, and topic presentations continued as usual in this quarter, with the intent to facilitate continuous learning among the care team staff. Sparsh with all efforts has started collaborating with colleges and other for creating better palliative care ecosystem. This quarter we kicked off two projects i.e SPARSHÀYUSH and MoU with Government City College, Hyderabad along with continued training to General Duty Aides (GDAs).

## Nursing/GDAs Training

We extended on-job training to around 20 GDAs increasing their skillset in handling patients in realtime.

## SPARSHÀYUSH

An MoU has been signed with the Department Of AYUSH, Government of Andhra Pradesh, to launch a palliative care training programme for the final year medical students and faculties of 4 AYUSH registered colleges in Andhra Pradesh.

## MoU with City College

The initiative is to sensitise and train student community on palliative care, which will support us in helping more terminally-ill patients.



Training programme at Government City College.



SPARSHÀYUSH training programme at Dr. Gururaju Govt. Homeo Medical College, Gudivada, AP.



MOU Signing between Sparsh Hospice and Government City College, Hyderabad.



# Awareness & Advocacy

Public awareness on the concept of palliative care and of service availability remains insufficient and is a for effective and appropriate palliative care to be widely accepted in the community.

## Improving knowledge

In order to improve knowledge and access to palliative care, when required, empowering individuals & involving communities would result in realising the objectives contained within international strategies for palliative and end-of-life care. Therefore, Sparsh Hospice regularly tries to raise community awareness in rural, urban and semi-urban areas to make people understand the need for palliative care. We also communicate with civil society and other space, local NGOs, online communities, stakeholders towards advocacy.

Following are some of the events organised

- Participated in TTA awareness in United States of America.
- Regular sensitisation at old age homes.
- Conducted community awareness programme in Siddipet district of Telangana, Telangana Non Gazetted Officer's gathering, Udaya Shalini Foundation, Nagarkool, Aganwadi centre and many others
- Participated in cancer awareness awareness programme conducted by Siddipet Police Commissionerate
- Participated in series of community awareness conducted by Alzheimer's and Related Disorders Society of India



Sparsh Trustees during a TTA Awareness programme in USA.



Navneet Jhamb, General Manager, India, Vertafore, addressing Sparsh during their visit to facility.



Awareness programme at Toll Plus India Pvt Ltd.



Sparsh team addressing questions during a community awareness programme at Siddipet, Telangana.



Awareness at Bethampudi village, Telangana.

# Friends of Sparsh



## 'The Fridge of Kindness!'

Sparsh has been honoured to receive one more 'Neki ka Pitara', which when translated, means 'The Fridge of Kindness' sponsored by Seva Kitchen. The combination of two fridges are commonly known as 'Ram & Laxman' at Sparsh.

The addition will strengthen our quality of care and support the patients and families.

Seva Kitchen is a crowd sourcing initiative which was started by Khusroo Pocha Ji with the aim of serving nutritious food to patients and family members in hospitals.

**Thank You Mr. Khusroo Pocha for the support!**

## Relief from oxygen crisis

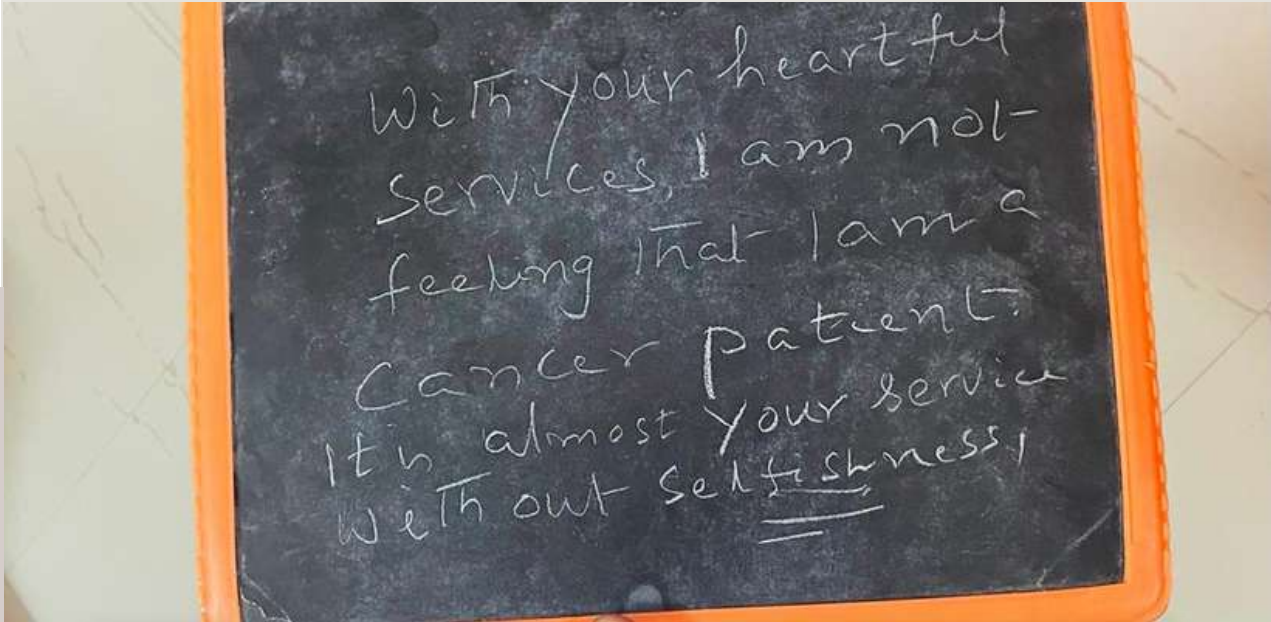
It was the suddenness and the intensity of the second COVID-19 wave that took everyone in India by surprise. Pandemic hurt everyone, be it healthy or terminally ill. Understanding the need to reach patients at home with oxygen support in lessening the suffering we were supported by **Vertafore India Pvt Ltd.** to take the project further.

They donated 30 oxygen concentrators which helped us in reaching out patients at home suffering from breath shortness and other symptoms. It gave us a pathway to help patients with serious illness when admission and physical visits were either constarined or not feasible due to pandemic.





# Testimonials



## Sparsh Hospice

Sy No. 7/1/2, Sparsh Hospice, next to Oakridge International School, Hyderabad, Telangana

[Get more reviews](#)

4.9 ★★★★★ 304 reviews ⓘ



**Keerthi Vinnakota**

6 reviews

★★★★★ 3 months ago

Sparsh hospice is a divine place. Yes they believe it that "Service to man is service to God ".The service provided by the team is excellent. Not only the patient but also the care giver requires the support both emotionally and spiritually. I feel blessed to be with my father during his last journey which is not possible in any private hospital and i and my family could be at peace as he was in SPARSH HOSPICE. I thank Dr KARUNAKAR and Mrs SARADA LINGARAJU and the entire team for making the journey less painful.



**Response from the owner** a month ago



**Desikan Kalathur**

2 reviews · 7 photos

★★★★★ 4 months ago

Excellent facilities,excellent maintenance,neat and clean environment.Very courteous reception and response. Doctors, Nurses,Staff and managers are very dedicated & service minded, understanding and very co-operative. They have a holistic approach to all their inmates.





# Sparsh Gallery



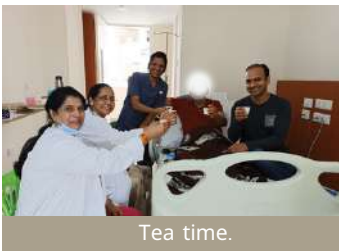
Team Sparsh.



Doctor's Day celebrations.



Reaching all corners.



Tea time.



Independence Day.



Patient care.



Festival celebration.



Family dinner organised at Sparsh.



CSR activity by CorpOne.



Sunil Gavaskar honouring Rotary Banjara Hills members.



### **A Special Note of Thanks to all Our Stakeholders**

**We are deeply thankful to hundreds of individuals, philanthropists, institutions and agencies who have come along with us till here.**

**Please know that each and every contribution means a lot to us. In times, when there is no option available for patients and the family is in distress the donations strengthen our efforts to extend palliative care services to those beneficiaries.**

**Email: [info@sparshhospice.org](mailto:info@sparshhospice.org)**

**Website: [www.sparshhospice.org](http://www.sparshhospice.org)**

 [www.facebook.com/sparshhospice](https://www.facebook.com/sparshhospice)

 [www.linkedin.com/company/sparsh-hospice/](https://www.linkedin.com/company/sparsh-hospice/)

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